



PLESSIS

FAMILY RESOURCE CENTRE

(204) 777-1215 1190 PLESSIS ROAD

PLESSIS@FAMILYDYNAMICS.CA

@Plessisresourcecentrefrc familydynamicswinnipeg

Get Involved!

Come to our Community Advisory meetings to give your ideas/suggestions for programs and services you'd like to see us offer!

UPCOMING

● CLOSED FOR THANKSGIVING

Monday, October 12th

● Soup Party!

Bring your own muffin tin

● Pumpkin Carving

Limited supplies available

OCTOBER CALENDAR



SERVICES & SUPPORTS



Food Share



Community Referrals



Safer Sex Supplies



Listening Ear & Chat



Kids Play Area



Clothing Give-away



Menstrual Products



Computer & Printer



Help with Forms



Coffee & Tea



Fax & Phone



Washer & Dryer

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

Important Messages

Food Bank

Tuesday, October 13th community
Monday, October 26th non-community

For registration, please contact Harvest Manitoba at
(204) 982-3663 or email:
appointments@harvestmanitoba.ca

2nd Harvest Wednesdays

October 7th, 14th, 21st, and 28th
12:30pm- community, 1:00- non-community



United Way



HOURS OF OPERATION

Mon 9:00 AM-3:00 PM
 Tues 9:00 AM-3:00 PM
 Wed 1:00 pm - 600 PM
 Thurs 9:00 AM-3:00 PM
 Fri 9:00 AM-3:00 PM

Closed daily 12:00-1:00pm

PLEASE NOTE:

Most programming operates on a first-come first served basis.

*Means registration is required please drop by or call to sign up



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familydynamicswinnipeg

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OCTOBER CALENDAR**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

			1	2
				Advisory & BINGO 1:00-2:30
5 Breakfast 7:35-8:15	6 Breakfast 7:35-8:15 Fall Crafting 1:00-2:30	7 Breakfast 7:35-8:15 2nd Harvest 12:30-2:00 Kids Club 4:00-6:00	8 Breakfast 7:35-8:15 Community Kitchen * 1:00-2:30	9 Breakfast 7:35-8:15 *Thanksgiving Dinner 11:30 & 1:00
12 THANKSGIVING 	13 Breakfast 7:35-8:15 * Food Bank 12:00-2:00 Walk-ins 2:30-3:00	14 Breakfast 7:35-8:15 2nd Harvest 12:30-2:00 Kids Club 4:00-6:00	15 All Day Staff Meeting 	16 Breakfast 7:35-8:15
19 Breakfast 7:35-8:15	20 Breakfast 7:35-8:15 Pumpkin Carving 1:00-2:30	21 Breakfast 7:35-8:15 2nd Harvest 12:30-2:00 Kids Club 4:00-6:00	22 Breakfast 7:35-8:15 Community Kitchen * 1:00-2:30	23 NO SCHOOL
26 Breakfast 7:35-8:15 * Food Bank 12:00-2:00 Walk-ins 2:30-3:00	27 Breakfast 7:35-8:15 Soup Party 11:00-1:00	28 NO SCHOOL 2nd Harvest 12:30-2:00 Kids Club 4:00-6:00	29 Breakfast 7:35-8:15	30 Breakfast 7:35-8:15 Haunted Halloween 3:30-5:00