

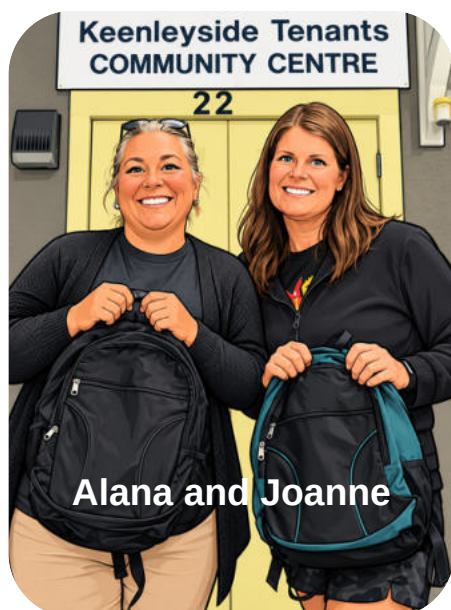


Get Involved!

Upcoming events are outlined in the newsletter. Please register early if you're interested.

UPCOMING

- **Meatball Cook off & Friends Giving Potluck**
Oct 5, 4:00-6:00
- **Community Advisory**
October 13 & 27
- **Wiggles Wednesday**
Oct 21 & 28 (10:00am-11:30am)



OCTOBER CALENDAR

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

SERVICES & SUPPORTS



Food Share



Community Referrals



Safer Sex Supplies



Listening Ear & Chat



Kids Play Area



Clothing Give-away



Menstrual Products



Computer & Printer



Help with Forms



Coffee & Tea



Fax & Phone



Washer & Dryer

Important Messages

*Your Mental Health is a Priority.
Your Happiness is Essential.
Your Self-Care is a Necessity.*

World Mental Health Day October 10th

HOURS OF OPERATION
 Mon 10:00 PM - 6:00 PM
 Tues 7:00 AM - 3:00 PM
 Wed 7:00 AM - 3:00 PM
 Thurs 7:00 AM - 3:00 PM
 Fri 7:00 AM - 12:00 PM
 Closed daily 12:00-1:00

PLEASE NOTE:
 Most programming
 operates on a first-come
 first served basis.

* Means registration
 is required please
 drop by or call to
 sign up

KEENLEYSIDE TENANTS COMMUNITY CENTRE

22-394 Keenleyside St
 204-667-4086

Keenleyside@familydynamics.ca



@KeenleysideTCC



familydynamicswinnipeg

OCTOBER CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1 B&L program
7:30-8:30 am

2 B&L program
7:30-8:30 am

4:00-5:30pm
Art City



6

Centre Closed

JOIN US AT!
 Sara Riel's Mental Health &
 Wellness Expo
 10 a.m. to 3 p.m.
 Fort Rouge Leisure Centre

7 B&L program
7:30-8:30 am

8 B&L program
7:30-8:30 am

9 B&L program
7:30-8:30 am

4:00-5:30pm
Art City



13 B&L program
7:30-8:30 am

14 B&L program
7:30-8:30 am

15 B&L program
7:30-8:30 am

16 B&L program
7:30-8:30 am



Centre Closed

Closed All Day
 Staff meeting



19 Bread

*
 Youth Cooking
 4pm-6pm

20 B&L program
7:30-8:30 am

Community
 Advisory
 1:00-2:30pm



21 B&L program
7:30-8:30 am



22 B&L program
7:30-8:30 am

4:00-5:30pm
Art City



23 NO School
Coordinated Day

26 Bread

*
 Youth Cooking
 4pm-6pm

27 B&L program
7:30-8:30 am

Community
 Advisory
 1:00-2:30pm



28 NO School
Coordinated Day



29 B&L program
7:30-8:30 am



30 B&L program
7:30-8:30 am