



UPCOMING EVENTS

- **Bread Days**
Continues on Fridays
- **Women's Sharing Circle**
Peer Support EVERY Wednesday
- **Community Advisory Meeting**
October 1st at 9:30AM

Get Involved!

Interested in joining a club or starting something new?

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

OCTOBER CALENDAR



PROGRAMS & SERVICES



Important Messages

Welcome Family and Community Development Coordinator Jacinta to Donwood!

Stop by the Centre for Child Breakfast and Lunch registrations!

HOURS OF OPERATION

Mon 7:30AM - 11:00 AM
Tues 7:30AM - 11:00 AM
Wed 7:30AM - 11:00 AM
Thurs 7:30AM - 11:00 AM
Fri 7:30AM - 11:00 AM
B&L Program 7:30-8:30 am

PLEASE NOTE:

Most programming operates on a first-come first served basis.

* Means registration is required please drop by or call to sign up

DONWOOD FAMILY RESOURCE CENTRE

6-64 Donwood Drive
204-336-275

donwood@familydynamics.ca



@donwoodfrc



familydynamicswinnipeg

OCTOBER CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

					1 B&L Program 7:30-8:30 am Community Advisory and BINGO 9:30AM	2 B&L Program 7:30-8:30 am Bread 9:30AM
5 B&L Program 7:30-8:30 am Computer Skills 9:30AM	6 B&L Program 7:30-8:30 am Surplus 9:30AM	7 B&L Program 7:30-8:30 am CLOSED	8 B&L Program 7:30-8:30 am Thanksgiving Breakfast 9:30AM	9 B&L Program 7:30-8:30 am Bread 9:30AM		
CLOSED Thanksgiving		13 B&L Program 7:30-8:30 am Community Kitchen 9:30AM	14 B&L Program 7:30-8:30 am Womens Sharing Circle 9:30AM	15 B&L Program 7:30-8:30 am CLOSED All day Staff meeting	16 B&L Program 7:30-8:30 am Bread 9:30AM	
19 B&L Program 7:30-8:30 am Computer Skills 9:30AM	20 B&L Program 7:30-8:30 am Surplus 9:30AM	21 B&L Program 7:30-8:30 am Womens Sharing Circle 9:30AM	22 B&L Program 7:30-8:30 am Drop In 9:30AM	23 B&L Program 7:30-8:30 am Bread 9:30AM		
26 B&L Program 7:30-8:30 am Computer Skills 9:30AM	27 B&L Program 7:30-8:30 am Community Kitchen 9:30AM	28 B&L Program 7:30-8:30 am Womens Sharing Circle 9:30AM	29 B&L Program 7:30-8:30 am Drop In 9:30AM	30 B&L Program 7:30-8:30 am Bread 9:30AM Halloween		