



WOODYDELL

FAMILY RESOURCE CENTRE

(204) 254-8581 68-625 ST. ANNE'S ROAD

WOODYDELL@FAMILYDYNAMICS.CA



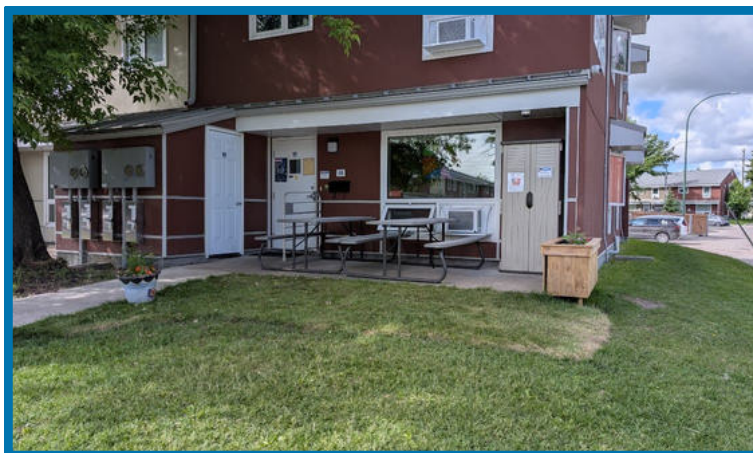
@Woodydellfrc



familydynamicswinnipeg

UPCOMING EVENTS

- **Food Share** Monday, Sept. 21
Will be at **565 St. Anne's Road**. Please note, if raining we will be at the Centre
- **Make & Take*** Thursday, Sept 10
Prep a meal at the Centre and simply cook it at home for dinner! Registration is required, space is limited
- **Drop-in Breakfast** starts Wed. Sept 23
Cereal, toast and coffee are available, drop by between 9-10 on Wednesdays after you bring the kids to school
- **Garden Club Members*** Sept 15
Garden clean up in morning, followed by a celebratory brunch at the Centre



SERVICES & SUPPORTS



Food Share



Community Referrals



Safer Sex Supplies



Listening Ear & Chat



Kids Play Area



Clothing Give-away



Menstrual Products



Computer & Printer



Help with Forms



Coffee & Tea



Fax & Phone



Washer & Dryer

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community at 565 & 615 St. Anne's Road receive priority for registered programs and services.

Important Messages

The Centre is closed during programming hours and door will remain locked
Please check the calendar for open hours

Come to Centre or call if you have any questions about programs



HOURS OF OPERATION

Mon 9:30AM-6:45PM
Tues 9:00AM-3:45PM
Wed 9:00AM-3:45PM
Thurs 9:00AM-3:45PM
Fri 9:00AM-11:45AM

Closed daily 12:00-1:00pm

PLEASE NOTE:

Most programming operates on a first-come first served basis.

* Means registration is required please drop by or call to sign up

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SEPTEMBER 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31 Food Share 10:30-11:30	1 Wrap & Roll! 1:00 	2 FIRST School Age Snack Pick-up* 10:00	3 CLOSED in PM	4 CLOSED at Noon
7 CLOSED for Labour Day	8 LAST Wrap & Roll! 1:00	9 School Age Snack Pick-up* 10:00	10 Make & Take*  Echoes Outreach Walk 5:00	11 CLOSED at 11:45
14 Food Share 10:30-11:30 <i>Closed from 1:00-2:30</i>	15 Garden Clean-up & Brunch* 10:00-12:00	16 School Age Snack Pick-up* 10:00	17 CLOSED	18 CLOSED at 11:45
21 Food Share at 565 St. Anne's Road 10:30-11:30 Kids Club* 3:45-5:00 	22	23 FIRST Drop-in Breakfast School Age Snack Pick-up* 10:00	24 Community Advisory & RE/ACT Presentation 1:15	25 CLOSED at 11:45
28 Food Share 10:30-11:30 Kids Club* 3:45-5:00 Ribbon Tying 5:00 <i>Closed from 1:00-2:30</i>	29 FIRST Souper Tuesday! 3 Sisters Soup 1:00 	30 CLOSED for Truth & Reconciliation Day 		