



Get Involved!

Interested in joining a club or starting something new? Check out the full list of clubs on our website or speak to Vanessa and Justine!

UPCOMING

● Youth Walk & Run Club

Every Tuesday at 8:30 am

● Centre Closures

August 3rd & 28th, 2026

● Family Outing

August 25th, 2026

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

AUGUST CALENDAR



SERVICES & SUPPORTS



Food Share



Community Referrals



Safer Sex Supplies



Listening Ear & Chat



Kids Play Area



Clothing Give-away



Menstrual Products



Computer & Printer



Help with Forms



Coffee & Tea



Fax & Phone



Washer & Dryer

Important Messages

Stay tuned for more information on our family outing on August 25th! Registration will be required.



HOURS OF OPERATION

Mon 10:30 AM - 3:30 PM

Tues 8:30 AM - 4:30 PM

Wed 9 AM - 3:30 PM

Thurs 10:30 AM - 3:30 PM

Fri 10:30 AM - 4:00 PM

PLEASE NOTE:

Most programming operates on a first-come first served basis.

* Means registration is required please drop by or call to sign up

TUXEDO

FAMILY RESOURCE CENTRE

1-225 Doncaster Drive

204-488-2133

Tuxedo@familydynamics.ca



@Tuxedofrc



familydynamicswinnipeg

AUGUST CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 	4 Youth Walk/Run Club 8:30 AM - 11:30 AM Kid's Drop-in 11:30 AM - 2:30 PM	5 Food Bank 11 AM - 12 PM Food Share 1 PM - 2:30 PM 	6 Kid's Art Drop-In 10:30 AM - 12:30 PM CLOSED in the Afternoon 	7 Kid's Slime Club 10:30 AM - 12:30 PM Youth Drop-In 1 PM - 4:00 PM 
10 Kid's Breakfast Club 10:30 AM - 12:30 PM Youth Drop-In 1 PM - 3:30 PM 	11 Youth Walk/Run Club 8:30 AM - 11:30 AM Kid's Drop-in 11:30 AM - 2:30 PM	12 Food Bank 11 AM - 12 PM Food Share 1 PM - 2:30 PM 	13 CLOSED IN THE AM Youth Kitchen 1:00 PM - 3:30 PM  	14 Kid's Forest Club 10:30 AM - 12:30 PM Youth Drop-In 1 PM - 4:00 PM 
17 Kid's Breakfast Club 10:30 AM - 12:30 PM Youth Drop-In 1 PM - 3:30 PM 	18 Kid's Drop-in 10:30 AM - 12:00 PM Youth Swim 1:00 - TBA 	19 Food Bank 11 AM - 12 PM Food Share 1 PM - 2:30 PM 	20 Kid's Art Drop-In 10:30 AM - 12:00 PM Youth Kitchen 1:00 PM - 3:30 PM  	21 Kid's Bingo Club 10:30 AM - 12:30 PM Youth Drop-In 1 PM - 4:00 PM 
24 Kid's Breakfast Club 10:30 AM - 12:30 PM Youth Drop-In 1 PM - 3:30 PM 	25 Family Outing 9:30 AM - TBA  *	26 Food Bank 11 AM - 12 PM Food Share 1 PM - 2:30 PM 	27 Kid's Art Drop-In 10:30 AM - 12:00 PM Youth Kitchen 1:00 PM - 3:30 PM  	28 
31 Kid's Breakfast Club 10:30 AM - 12:30 PM Youth Drop-In 1 PM - 3:30 PM 				