



PLESSIS

FAMILY RESOURCE CENTRE

(204) 777-1215 1190 PLESSIS ROAD

PLESSIS@FAMILYDYNAMICS.CA

@Plessisresourcecentrefrc familydynamicswinnipeg

Get Involved!

Come to our Community Advisory meetings to give your ideas/suggestions for programs and services you'd like to see us offer!

UPCOMING

Community Beach

August 7 9:00-3:00

Community Zoo

August 20 9:00-3:00

Community Advisory

August 28 1:00-2:30

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

AUGUST CALENDAR



SERVICES & SUPPORTS



Food Share



Community Referrals



Safer Sex Supplies



Listening Ear & Chat



Kids Play Area



Clothing Give-away



Menstrual Products



Computer & Printer



Help with Forms



Coffee & Tea



Fax & Phone



Washer & Dryer

Important Messages

Food Bank

Tuesday August 4th non community

Monday August 17th community

Monday August 31st non Community

For registration, please contact Harvest Manitoba at (204) 982-3663 or email: appointments@harvestmanitoba.ca

2nd Harvest Wednesdays

August 12, 19th and 26th

12:30pm- community, 1:00- non-community



United Way



THE WINNIPEG FOUNDATION



HOURS OF OPERATION

Mon 9:00 AM-3:00 PM
Tues 9:00 AM-3:00 PM
Wed 1:00 pm-3:00 PM
Thurs 9:00 AM-3:00 PM
Fri 9:00 AM-3:00 PM

Closed daily 12:00-1:00pm

PLEASE NOTE:

Most programming operates on a first-come first served basis.

* Means registration is required please drop by or call to sign up

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AUGUST CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4 * Food Bank 12:00-2:00 Walk-ins 2:30-3:00	5	6	7 * Community Beach Birds Hill Beach 9:30am (Bus) 1190 Plessis Road
10	11	12 2nd Harvest 12:30-2:00	13	14
17 * Food Bank 12:00-2:00 Walk-ins 2:30-3:00	18	19 2nd Harvest 12:30-2:00	20 * Community Zoo Assiniboine Zoo 9:30am (Bus) 1190 Plessis Road	21
24	25	26 2nd Harvest 12:30-2:00	27	28
31 * Food Bank 12:00-2:00 Walk-ins 2:30-3:00				



CHILD & YOUTH

AUGUST CALENDAR



Shahd & Dammy
Children & Youth Programming
Family Beach Day Birds Hill

Aug 7, 2026

Movie Outing

Aug 11, 2026

Fishing Outing

Aug 13&20, 2026

Good-Bye Party

Aug 24, 2026

Get Involved!

Want to join our summer programs? Stop by the center to pick up and complete your Summer Registration Form. Looking to join a club, try something new, or gain experience while helping out? We'd love to have teen volunteers and hear your ideas—talk to Dammy or Shahd at the center for more information!



Bowling



Moives



Drop-in



Hours of Operation

Tuesday.....9:00am-5:00pm
Thursday.....9:00am-5:00pm

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*** Means registration is required** please drop by or call to sign up

CHILD & YOUTH

PLESSIS TENANTS COMMUNITY CENTRE

1190 Plessis Road

dogunsolu@familydynamics.ca
 @plessisresourcecentre  familydynamicswinnipeg

AUG CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 10:30-11:30 Breakfast 12:00-2:30 * Water Play 2:30-3:30 Snack	5	6 10:30-11:30 Breakfast 12:00-2:30 Board Game and Chill 2:30-3:30 Snack	7 8:30 - 3:30 * Family Beach Day Birds Hill
10	11 10:30-11:30 Breakfast 12:00-2:30 * Teen Moive Outing 2:30-3:30 Snack	12	13 Closed for Meeting 9:00-12:00 1:30-3:30 * Fishing Trip	14
17	18 10:30-11:30 Breakfast 12:00-2:30 * Tea and Party 2:30-3:30 Snack	19	20 10:30-11:30 Breakfast 1:30-3:30 * Fishing Trip 2:30-3:30 Snack	21
24	25 10:30-11:30 Breakfast 12:00-2:30 * One Big Scavenger Hunt 2:30-3:30 Snack	26	27 10:30-11:30 Breakfast 12:00-2:30 Goodbye Summer Party 2:30-3:30 Snack	28
31				