



Oct 2 – Oct 30, 2026 on Fridays from 10:30 AM –12:00 PM  
(5 weeks)



Please call Family Dynamics intake counsellor Jodee at 204-594-1879 to inquire about registration  
[www.familydynamics.ca](http://www.familydynamics.ca)

Classes will be offered in person.

Fees for classes are free!