



## UPCOMING EVENTS

- **Wiggle Giggle & Munch**  
Continues on Tuesdays
- **Women's Sharing Circle**  
Peer Support on Wednesdays
- **Community Yard Sale/BBQ**  
Kick off the summer!

## Get Involved!

Interested in joining a club or starting something new?

## WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

**Residents of the Manitoba Housing** community where a Resource Centre operates receive priority for registered programs and services.

## JULY CALENDAR



## PROGRAMS & SERVICES



## Important Messages

Summer is the perfect time to slow down, soak up the sunshine and to make memories with the ones around you. Heres to a full season of smiles, laughter, and good vibes.



**HOURS OF OPERATION**

Mon 8:30 AM - 2:30 PM  
 Tues 8:30 AM - 2:30 PM  
 Wed 8:30 AM - 2:30 PM  
 Thurs 8:30 AM - 6:00 PM  
 Fri 8:30 AM - 2:30 PM  
 Closed daily 11:30-12:30

**PLEASE NOTE:**

Most programming operates on a first-come first served basis.

\* Means registration is required please drop by or call to sign up

**DONWOOD****FAMILY RESOURCE CENTRE**

6-64 Donwood Drive

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**JULY CALENDAR****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

|                                                |                                                                 |                                                                                                                       |                                    |                                     |
|------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------|-------------------------------------|
|                                                |                                                                 | 1<br><br><b>Canada Day</b><br>Closed | 2                                  | 3<br><br><b>Bread Day</b><br>10:00  |
| 6<br><b>Drop-in Kids Breakfast</b><br>9-10:30  | 7<br><b>Community Yard Sale &amp; BBQ</b>                       | 8<br><b>Wiggle, Giggle &amp; Munch</b><br>10:00<br><br><b>Women's Sharing Circle</b><br>1:00                          | 9<br><b>CLOSED</b><br>9:30 -12:30  | 10<br><br><b><u>NO BREAD</u></b>    |
| 13<br><b>Drop-in Kids Breakfast</b><br>9-10:30 | 14<br><b>Surplus</b><br>9:00<br><br><b>Splash Pad</b><br>1-2:30 | 15<br><b>Wiggle, Giggle &amp; Munch</b><br>10:00<br><br><b>Women's Sharing Circle</b><br>1:00                         | 16<br><br><b>*Family Beach Day</b> | 17<br><br><b>Bread Day</b><br>10:00 |
| 20<br><b>Drop-in Kids Breakfast</b><br>9-10:30 | 21<br><br><b>Splash Pad</b><br>1-2:30                           | 22<br><b>Wiggle, Giggle &amp; Munch</b><br>10:00<br><br><b>Women's Sharing Circle</b><br>1:00                         | 23                                 | 24<br><br><b>Bread Day</b><br>10:00 |
| 27<br><b>Drop-in Kids Breakfast</b><br>9-10:30 | 28<br><b>Surplus</b><br>9:00<br><br><b>Splash Pad</b><br>1-2:30 | 29<br><b>Wiggle, Giggle &amp; Munch</b><br>10:00<br><br><b>Women's Sharing Circle</b><br>1:00                         | 30                                 | 31<br><br><b>Bread Day</b><br>10:00 |