



PLESSIS FAMILY RESOURCE CENTRE

(204) 777-1215 1190 PLESSIS ROAD

PLESSIS@FAMILYDYNAMICS.CA

@Plessisresourcecentrefrc familydynamicswinnipeg

Get Involved!

Come to our Community Advisory meetings to give your ideas/suggestions for programs and services you'd like to see us offer!

UPCOMING

- Community Advisory**
June 3 1:00-2:30
- Sara Riel Employment Sign up**
June 9 1:00-3:00
- Sara Riel -Sign up Self Advocacy Workshop**
June 23 1:00-3:00

WHO CAN ACCESS?

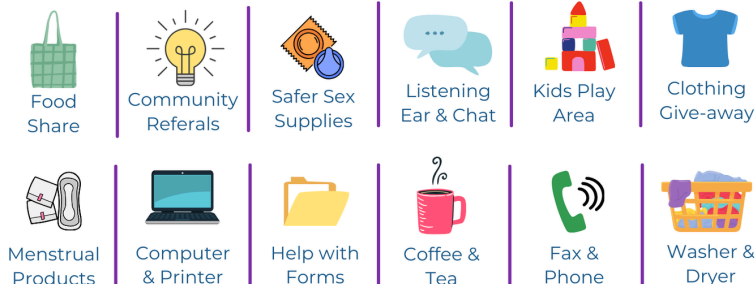
All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

JUNE CALENDAR



SERVICES & SUPPORTS



Important Messages

Food Bank

Monday June 8th non community
Monday June 22th community

For registration, please contact Harvest Manitoba at (204) 982-3663 or email: appointments@harvestmanitoba.ca

2nd Harvest Wednesdays

June 10th, 17th and 24th
12:30pm- community, 1:00- non-community





HOURS OF OPERATION

Mon 9:00 AM-3:00 PM

Tues 9:00 AM-3:00 PM

Wed 1:00 pm - 3:00 PM

Thurs 9:00 AM-3:00 PM

Fri 9:00 AM-3:00 PM

Closed daily 12:00-1:00pm

PLEASE NOTE:

Most programming operates on a first-come first served basis.

* Means registration is required please drop by or call to sign up

JUNE CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3 Breakfast 7:35-8:15 Advisory 1:00-2:30	4 Breakfast 7:35-8:15	5 Breakfast 7:35-8:15
8 No School Food Bank * 12:00-2:00 Walk-ins 2:30-3:00	9 Breakfast 7:35-8:15 Sara Riel * Employment 1:00-3:00	10 Breakfast 7:35-8:15 2nd Harvest 12:30-2:00	11 Breakfast 7:35-8:15 Closed for Meeting 9-12:30	12 Breakfast 7:35-8:15
15 Breakfast 7:35-8:15	16 Breakfast 7:35-8:15	17 Breakfast 7:35-8:15 2nd Harvest 12:30-2:00	18 Breakfast 7:35-8:15	19 Breakfast 7:35-8:15 Bingo 10:00-12:00
22 Breakfast 7:35-8:15 Food Bank * 12:00-2:00 Walk-ins 2:30-3:00	23 Breakfast 7:35-8:15 Sara Riel Self Advocacy 1:00-3:00	24 Breakfast 7:35-8:15 2nd Harvest 12:30-2:00	25 Breakfast 7:35-8:15	26 Breakfast 7:35-8:15
29 Breakfast 7:35-8:15 Community BBQ 4:00-6:00	30 Breakfast 7:35-8:15 Sara Riel * Self Advocacy 1:00-3:00			



CHILD & YOUTH

JUNE CALENDAR



Shahd & Dammy
Children & Youth Programming



Bingo & Advisory

June 4, 2026



Youth Chefs

June 6, 2026



Teen Chef

June 20, 2026

Get Involved!

Do you want to join a club, try something new, or get some experience while helping out? We'd love to have teen volunteers and hear your ideas! For more details, you can talk to Dammy and Shahd at the center.



Drop-in (Crafts)



Kids in the Kitchen



Youth Chefs


Hours of Operation
Thursday.....3pm-7pm
Saturday.....11am-7pm

PLEASE NOTE:
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 * Means registration is required please drop by or call to sign up

CHILD & YOUTH
PLESSIS TENANTS COMMUNITY CENTRE
 1190 Plessis Road

dogunsolu@familydynamics.ca
 @plessisresourcecentre  familydynamicswinnipeg

JUNE CALENDAR

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4 4:15-5:30pm Bingo and Kids Advisory 6:00-7:15pm Bingo and Youth Advisory	5	6 1:00-3:00 * Kids Cooking Registration Required 4:30-6:30pm Teens Drop in 
9	10	11 4:30-7:00pm Youth Drop-in	12	13 
16	17	18 Outdoor Play Age 6-12 4:30-6:30 Snack Time Age 12-UP 7:00-7:30	19	20 1:00-3:30pm Kids Drop-in 4:30-6:30pm * Teen Chef Registration Required 
23	24	25 4:00-6:00pm Movie Marathon 6:00-7:00pm Drop-in	26	27 
30				