

UPCOMING EVENTS

MAY 2026

- Food Handlers Certification***
We are cost sharing the price of this certification! Must provide \$10 by noon on **May 20** to register- NON-REFUNABLE. Training will be **Wednesday, May 27**
- Nursing Students**
We will be hosting nursing students at the Centre - make sure you come in to say hi!



Come to the Centre for a flyer to learn more about our programs in May!

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community at 565 & 615 St. Anne's Road receive priority for registered programs and services.

PROGRAMS & SERVICES



Important Messages

If you are interested in a garden plot this year, please let us know as soon as possible

HOURS OF OPERATION

Mon 9:30AM-6:45PM
 Tues 9:00AM-3:45PM
 Wed 9:00AM-3:45PM
 Thurs 9:00AM-3:45PM
 Fri 9:00AM-11:45PM

Closed daily 12:00-1:00pm

PLEASE NOTE:

Most programming operates on a first-come first served basis.



* Means registration is required please drop by or call to sign up

WOODYDELL

FAMILY RESOURCE CENTRE

68-625 St. Annes Road
 204-254-8581

woodydell@familydynamics.ca

 @woodydell  familydynamicswinnipeg

MAY 2026

MONDAY

TUESDAY

WEDNESDAY






THURSDAY

FRIDAY

Youth Lunch for registered students in grade 7 & 8
May 6, 8, 20, 22, 27, 29
 Centre closed at 11:45

BONUS Drop-in Kids Club*



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|---|---|--|--|---|
| <p>1</p> <p>BONUS Drop-in Kids Club*</p>  | | | | |
| <p>4</p> <p>Food Share 10:30-11:30</p> <p>Kids Club* 3:45-5:00</p> | <p>5</p> <p>Wrap & Roll! 1:30</p>  | <p>6</p> <p>Drop-in Breakfast 9:00-10:00</p> <p>School Snack Pick-up* 10:00</p> <p>Anger Management Workshop*</p> | <p>7</p> <p>Make & Take*</p> <p>Echoes Outreach Walk</p> | <p>8</p> <p>Celebrating YOU Craft*</p> |
| <p>11</p> <p>Food Share 10:30-11:30</p> <p>Kids Club* 3:45-5:00</p> <p>Community Clean-up* 5:15</p> <p>Closed from 1:00-2:30</p>  | <p>12</p> <p>Wrap & Roll! 1:30</p> | <p>13</p> <p>Drop-in Breakfast 9:00-10:00</p> <p>School Snack Pick-up* 10:00</p> <p>Garden Clean-up 1:15</p> | <p>14</p> <p>Closed</p> <p>Moose Hide Walk See staff for details if you'd like to join us!</p> | <p>15</p> <p>Closed at 11:45</p> |
| <p>18</p> <p>Closed for Victoria Day</p> | <p>19</p> <p>Wrap & Roll! 1:30</p>  | <p>20</p> <p>Drop-in Breakfast 9:00-10:00</p> <p>School Snack Pick-up* 10:00</p> <p>Garden Planting* 1:15</p> | <p>21</p> <p>Closed</p> | <p>22</p> <p>Closed at 11:45</p> |
| <p>25</p> <p>Food Share 10:30-11:30</p> <p>Kids Club* 3:45-5:00</p> <p>Closed from 1:00-2:30</p>  | <p>26</p> <p>Wrap & Roll! 1:30</p> | <p>27</p> <p>Drop-in Breakfast 9:00-10:00</p> <p>School Snack Pick-up* 10:00</p> <p>Food Handlers Training*</p> | <p>28</p> <p>Community Advisory 1:30</p> | <p>29</p> <p>Closed at 11:45</p> |