



WESTGROVE FAMILY RESOURCE CENTRE

JANUARY 2026

CONTACT US: (204)832-3770 76D WESTGROVE WAY WESTGROVE@FAMILYDYNAMICS.CA



@westgrovefrc



familydynamicswinnipeg

UPCOMING EVENTS

Please register early for the events you are interested in!

● Fuel Your Family

January 13th 2-2:30

● Family Fun Night

January 19 from 4-6PM

● Souper Friday

January 30 from 12-1PM

So many **more exciting events** in January! Check out the calendar for dates.

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

SERVICES & SUPPORTS



Food Share



Community Referrals



Safer Sex Supplies



Listening Ear & Chat



Kids Play Area



Clothing Give-away



Menstrual Products



Computer & Printer



Help with Forms



Coffee & Tea



Fax & Phone



Washer & Dryer



Important Messages

Join us on January 29 from 2:00-4:00 PM for our Monthly Community Meeting & BINGO! Make your voice count!



HOURS OF OPERATION	
Mon	11:00 AM - 7:00 PM
Tues	8:30 AM - 4:30 PM
Wed	10:00 AM - 6:00 PM
Thurs	8:30 AM - 4:30 PM
Fri	8:30 AM - 4:30 PM

PLEASE NOTE	
Most programming	operates on a first-come first served basis.
 Means registration is required please drop by or call to sign up	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <i>Happy New Year</i>	2 CLOSED
5	6 Food Bank 2:00-2:45pm Call Harvest to Register 204-982-3660	7 Open today 8:30-11:30	8 Closed 8:30-1:00	9
12 Youth Drop-In 4:00-6:00pm 	13 Fuel Your Family 2:00- 2:30pm	14 Kids Club 4:00-4:45pm Junior Youth 5:00-5:45pm	15 Healthy Happenings 2:00-4:00pm 	16
19 Family Fun Night 4:00-6:00pm	20 Food Bank 2:00-2:45pm Call Harvest to Register 204-982-3660	21 Kids Club 4:00-4:45pm Junior Youth 5:00-5:45pm	22 Healthy Happenings 2:00-4:00pm 	23
26 Youth Drop-In 4:00-6:00pm 	27	28 Kids Club 4:00-4:45pm Junior Youth 5:00-5:45pm	29 Community Meeting & BINGO 2:00-4:00pm 	30 Souper Friday 12:00-1:00pm