

PLESSIS

FAMILY RESOURCE CENTRE

JANUARY CALENDAR

CONTACT US (204) 777-1215 1190 PLESSIS RD. PLESSIS@FAMILYDYNAMICS.CA



@plessisresourcecentre



familydynamicswinnipeg

UPCOMING

● **Community Kitchen**
January
8th, 15th, 22nd, 29th
1:00-3:00

● **Crafting with Debra**
January 13th
1:00-3:00

● **Immunization Clinic**
January 30th
1:00-3:00



SERVICES & SUPPORTS



Food Share



Community Referrals



Safer Sex Supplies



Listening Ear & Chat



Kids Play Area



Clothing Give-away



Menstrual Products



Computer & Printer



Help with Forms



Coffee & Tea



Fax & Phone



Washer & Dryer

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of Plessis Robson & Kernaghan Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

Important Messages

Food Bank

Monday January 5th community

Monday January 19th non- community

For registration, please contact Harvest Manitoba at (204) 982-3663 or email: appointments@harvestmanitoba.ca

2nd Harvest Wednesdays

January 7th, 21st and 28th

12:30pm- community, 1:00- non-community

HOURS OF OPERATION
 Mon 9:00 AM- 3:00 PM
 Tues 9:00 AM- 3:00 PM
 Wed 1:00 pm - 3:00 PM
 Thurs 9:00 AM - 3:00 PM
 Fri 9:00 AM - 3:00 PM
 Closed daily 12:00-1:00 pm

PLEASE NOTE:

Most programming operates on a first-come first served basis.

* Means registration is required please drop by or call to sign up

PLESSIS

FAMILY RESOURCE CENTRE

JANUARY CALENDAR





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 CLOSED New Years Day 	2 Bingo 10:00-12:00
5 Breakfast/Lunch 7:30-8:15 FOOD BANK * 12:00-2:00 Walk Ins 2:30-3:00	6 Breakfast/Lunch 7:30-8:15	7 Breakfast/Lunch 7:30-8:15 2nd Harvest 1:00-3:00	8 Breakfast/Lunch 7:30-8:15 Closed 9:00-1:00 Community Kitchen * 1:00-3:00	9 Breakfast/Lunch 7:30-8:15 Closed 9:00-1:00
12 Breakfast/Lunch 7:30-8:15	13 Breakfast/Lunch 7:30-8:15 Crafting with Debra 1:00-3:00	14 Breakfast/Lunch 7:30-8:15 Advisory 1:00-2:30	15 Breakfast/Lunch 7:30-8:15 Closed 9:30-1:00 Community Kitchen * 1:00-3:00	16 Breakfast/Lunch 7:30-8:15 Bingo 10:00-12:00
19 Breakfast/Lunch 7:30-8:15 FOOD BANK * 12:00-2:00 Walk Ins 2:30-3:00	20 Breakfast/Lunch 7:30-8:15 Yoga 1:00-3:00 	21 Breakfast/Lunch 7:30-8:15 2nd Harvest 1:00-3:00	22 Breakfast/Lunch 7:30-8:15 Community Kitchen * 1:00-3:00	23 Breakfast/Lunch 7:30-8:15 Bingo 10:00-12:00
26 Breakfast/Lunch 7:30-8:15	27 Breakfast/Lunch 7:30-8:15 Closed at 1:00	28 Breakfast/Lunch 7:30-8:15 2nd Harvest 1:00-3:00	29 Breakfast/Lunch 7:30-8:15 Community Kitchen * 1:00-3:00	30 No School Bingo 10:00-12:00 Immunization Clinic * 1:00-3:00

PROGRAM OFFERINGS

Thursday.....Art and wellness
Saturday....Cooking Club, Drop-in

PLEASE NOTE:

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Means registration is required please drop by or call to sign up *

PLESSIS CHILD & YOUTH PROGRAM JANUARY CALENDAR



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1	2	3
6	7	8	9	10
		4:30-7:00pm • Paint and Chill 		
13	14	15	16	17
		4:30-7:00pm • Yoga 		1:00-3:00 Kids Cooking <u>Registration Required</u> 4:30-6:30pm • Kids Drop-in
20	21	22	23	24
		4:30-6:30pm • Game Night		
27	28	29	30	31
		4:30-6:30pm • Just Dance		1:00-3:00 Kids Cooking <u>Registration Required</u> 4:30-6:30pm • Kids Drop-in