

CONTACT US (204) 632-5992 1417 FIFE STREET ELWICK@FAMILYDYNAMICS.CA



@elwickFRC



familydynamicswinnipeg

UPCOMING EVENTS

Food Handlers

Jan 21st, 2026
10:00AM-3:00PM
Spots are limited
Please call or email to sign up

Women's Healing Circle

Jan 21, 2026
5:30PM-7:30PM

Financial Empowerment Drop In Day

Jan 28, 2026
11:00AM-3:00PM
No registration required



PROGRAMS & SERVICES



Get Involved!

Interested in joining a club or starting something new?

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba

Housing community where a Resource Centre operates receive priority for registered programs and services.

Important Messages

Manitoba Harvest Food Bank

To Register by phone; call 204 982-3671 or
Email: appointments@harvestmanitoba.ca

January closures

- Jan 1st-2nd
- Jan 6th & 13th
- Jan 8th 9am-12pm & 20TH 9am-12pm

HOURS OF OPERATION
 Mon 9:00 AM - 12:00 PM
 Tues 9:00 AM - 4:00 PM
 Wed 9:00 AM - 7:00 PM
 Thurs 10:00 AM - 4:00 PM
 Fri 9:00 AM - 12:00 PM
 Closed daily 12:00-1:00

PLEASE NOTE:
 Most programming
 operates on a first-come
 first served basis.

* Means registration
 is required please
 drop by or call to
 sign up



ELWICK

FAMILY RESOURCE CENTRE

JANUARY 2026 CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 CLOSED Happy New Year	2 CLOSED
5 Bread Pick Up 10:30AM-12:00PM	6 Closed	7 Clothing Depot Drop In 10:00AM-12:00PM Evening Clothing Depot 5:30PM-7:00PM	8 Clothing Depot Drop In 10:00AM-11:30AM	9
12 Bread Pick Up 10:30AM-12:00PM	13 Closed	14 Clothing Depot drop In 10:00AM-12:00PM Community Night 5:30PM-7:00PM	15 Clothing depot Drop In 10:00AM-11:30AM Food Bank 2:00PM-3:00PM Walk Ins 3:00PM-4:00PM	16 Make and Take 9:30AM-12:00PM *
19 Bread Pick Up 10:00AM-12:00PM	20 Closed 9AM-1:00PM	21 Food Handlers Training 10:00AM-3:00PM Heart medicine* Womens healing circle 5:30PM-7:00PM	22 Clothing Depot Drop In 10:00AM-11:30AM	23 Community Advisory 10:00AM-12:00PM
26 Bread Pick Up 10:00AM-12:00PM	27	28 Financial Empowerment Drop In day 11:00am-3:00pm Open for Resources 5:30-7:00	29 Clothing Depot Drop In 10:00AM-11:30AM Food Bank 2:00PM-3:00PM Walk Ins 3:00PM-4:00PM	30 Make and Take 9:30AM-12:00PM *

FINANCIAL EMPOWERMENT DROP-IN DAY



Elwick Village Family Resource Centre

1417 Fife Street, Winnipeg

Wednesday January 28th, 2026

11am – 3pm, Walk-in only

FREE SERVICES!

- Manitoba Birth Certificates
- Status Cards
- Tax Filing & Benefits
- Service Canada
- Canada Revenue Agency

Service Providers

- Canada Revenue Agency
- Community Financial
- Counselling Services
- SEED Winnipeg Inc.
- Service Canada
- Southern Chiefs Organization Inc.

“What should I bring?”

Some service providers may need specific information in order to help you. If you have any of these things, please bring them with you if you can:

- SIN (Social Insurance Number)
- a piece of ID
- Status number
- Manitoba Health card

11am – 3pm Wednesday January 28th 2026, 1417 Fife Street,

Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION

- Jan. 6/8 - Kids and Youth Bingo Advisories
- Jan. 10 - Financial Knowledge Lunch w. Lee "Sign Up" (Parents welcome)
- Jan. 14 - Community Night "Sign Up Required"
- Jan. 15 - Workshop w. Camille
- Dec. 17 - N'Dinawemak Youth Patrol
- Dec. 21 - Heart Medicine Women's Healing Circle
- Dec. 17 - Financial Self Love w. Melinda
- Dec. 21 - Heart Medicine Women's Healing Circle
- Dec. 24/30 - Mini Chef / Youth Make & Take
- Dec. 27 - Youth Trip: Movies
- Dec. 29 - Goal Setting w. Sami
- Dec. 31 - Babysitting Training (10-4)



Youth Leadership Shop Day @ Polo Park



Mini Chefs & Tacos



Financial Literacy workshop w. Lee

Child & Youth highlights from last month!

AMINA AND SYDNEY

Elwick Resource Centre

Child and Youth Coordinator and Programmer



CONTACT US

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- andagire@familydynamics.ca
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- familydynamicswinnipeg

WE GREATFULLY ACKNOWLEDGE THE MANITOBA DEPARTMENT OF FAMILIES,
THE UNITED WAY OF WINNIPEG, THE WINNIPEG FOUNDATION
AND ALL OF OUR DONORS.

ELWICK VILLAGE FAMILY RESOURCE CENTRE CHILD & YOUTH CALENDAR

JANUARY 2026

WEEK AT A GLANCE



DISCLAIMER

Schedule May
be Subject to
change

Monday.....	Art City	3:30-5:00
Tuesday.....	Kids club	3:30-5:00
	Youth Drop-In	6:00-7:30
Wednesday.....	Kids Free Play	3:30-5:00
Thursday.....	Kids Club	3:30-5:00
	Youth Drop-In	6:00-7:30
Friday.....	Snack	3:30-4:00
	Youth Drop-In	4:30-5:30
Saturday.....	Kids	12:30-2:20
	Youth	3:30-6:30

Most programming operates on a first-come first served basis.
For programs that indicate * **Registration**, please come in, call,
or e-mail ahead of time to sign-up.

Children & Youth, please reach out to the
coordinators or programmers for assistance with:

RESOURCE CENTRE SERVICES & SUPPORTS



Food
Share



Community
Referrals



Safer Sex
Supplies



Listening
Ear & Chat



Resume &
Job Search



Clothing
Give-away



Menstrual
Products



Computer
& Printer



Help with
Forms



Snacks &
Drinks



Fax &
Phone



Washer &
Dryer

MON	TUE	WED	THU	FRI	SAT
			1 	2 	3
5 Art City 3:30-5:00 	6 KIDS BINGO ADVISORY 3:30-5:00 YOUTH DROP-IN 6:00-7:30	7 ELECTRONIC FREE PLAY 3:30-4:30	8 KIDS CLUB Snowy Day Collage 4:00-5:30 YOUTH BINGO ADVISORY 5:30-7:30 	9 SNACK 3:30-4:00 Youth Fitness/Clothing Depot 4:30-5:30	10 ELECTRONIC FREE PLAY 12:30-1:30 MONEY MATTERS FOR YOUNG MINDS LUNCH w. LEE Sign up Required Parents are welcome* 3:00-5:00
12 Art City 3:30-5:00 	13 KIDS CLUB Paper plate Dream Catcher 3:30-5:00 YOUTH DROP-IN 5:30-7:30	14 ELECTRONIC FREE PLAY 3:30-5:00 COMMUNITY NIGHT 5:30-7:00 *Sign Up Required*	15 *Food Bank* KIDS CLUB Beaded Snowflakes 4:00-5:00 YOUTH WORKSHOP w. Ms. Camille 6:00-7:30 *Sign Up Required*	16 SNACK 1:30-3:30 Food Prep for N'Dinawe Patrol Walk *Youth Volunteers* 4:00-5:30	17 ELECTRONIC FREE PLAY 12:30-1:30 N'DINAWEMAK YOUTH PATROL Sign up Required* 1:30-6:30
19 Art City 3:30-5:00 	20 KIDS CLUB Melting Snowman craft 3:30-5:00 YOUTH DROP-IN	21 ELECTRONIC FREE PLAY Cancelled HEART MEDICINE: Women's Healing Circle *Sign Up Required* 5:00-7:30 	22 KIDS CLUB Snow Dough 4:00-5:00 FINANCIAL SELF LOVE w. Melinda Ricard 6:00-7:30 *Sign Up Required*	23 SNACK 1:30-3:30 Youth Fitness/Clothing Depot 4:30-5:30	24 ELECTRONIC FREE PLAY 12:30- 1:30 MINI CHEFS: 2:00-4:00 YOUTH DROP-IN 4:30-5:30
26 Art City 3:30-5:00 	27 KIDS CLUB Cancelled YOUTH MOVIE OUTING *Sign Up Required* 4:00- 10:30	28 Financial Empowerment Drop In day 11:00am-3:00pm Open for Resources 5:30-7:00	29 KIDS CLUB Q-Tip Snowflakes 4:00-5:00 GOAL SETTING w. Sami 6:00-7:30 *Sign Up Required*	30 SNACK 1:30-3:30 YOUTH MAKE & TAKE *Sign up Required* 4:00-5:30 	31 BABYSITTING TRAINING COURSE Sign up Required* 10:00-4:00 YOUTH DROP-IN 4:00-5:30