

Strengthening relationships and communities since 1936

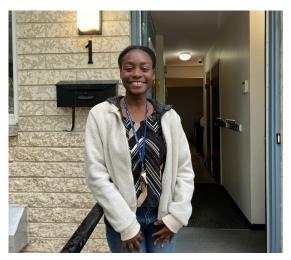
Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION





November 6 & 20 Food Share



VANESSA

Family & Community Development Coordinator

CONTACT US



(204) 488-2133



tuxedo@familydynamics.ca



1-225 Doncaster St, Wpg, MB, R3N1X7



@tuxedoFRC



familydynamicswinnipeg

November 2025

TUXEDO FAMILY RESOURCE CENTRE NEWSLETTER

COME IN TO SAY HI!



Our goal is to have empowered individuals living in healthy families within a well-connected, supportive community.

WHO CAN ACCESS?

Residents of Manitoba Housing receive priority for registered programs and services. All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

WHAT'S NEW

1.PREP & TAKE- November 3 &17
Our new Prep & Take time is 3:45PM-6PM.

- 2. SOUPER- November 4,10 & 25
 Join us at the centre this chilly season for some hot soup! Doors open at 10:30am
- 3. SARA RIEL DROP-IN EMPLOYMENT SERVICES- November 25
- 4. FLU CLINIC November 13

 Come to the centre from 3pm-6pm to get your seasonal flu shots!









TUXEDO FAMILY RESOURCE CENTRE RESOURCE CENTRE CALENDAR

HOURS OF OPERATION

Monday..... 1:00 PM - 7:00 PM Tuesday...... 9:30 AM - 4:00 PM Wednesday..... 9:30 AM - 4:00 PM Thursday...... 9:30 AM - 4:00 PM Friday...... 9:30 AM - 1:00 PM

CLOSED BETWEEN 12:00-1:00PM DAILY

EXTENDED HOURS*

Riel drop-in

employment service 10:30AM-12PM

Most programming operates on a first-come first served basis. For programs that indicate * Registration, please come in, call, or e-mail ahead of time to sign-up.

Any time during open hours that there is not registered programming, we are open for:

DROP-IN **SERVICES & SUPPORTS**























10AM-12PM



MON	TUES	WED	THURS	FRI
3	4	5	6	7
CLOSED IN AM	SOUPER 10:30AM-12PM	Food Bank	Food share 1PM-2:30PM	Move & Shake
Prep & Take *Registration Required* 3:45PM-6PM	IU.SUAIVI-IZPIVI	TIAIVI-IZPIVI	TPM-2.30PM	IOAW-IZFWI
10	11	12	13	14
CLOSED IN AM	REMEMBRANCE DAY	Food Bank 11AM - 12PM	Closed in AM	Staff Meeting
	CLOSED		Flu Clinic 3PM-6PM	CLOSED
17	18	19	20	21
CLOSED IN AM Prep & Take *Registration Required* 3:45PM-6PM	Community Advisory & SOUPER 10:30AM-12PM	Food Bank 11AM-12PM	Food Share 1PM-2:30PM	Adult Drop-In (Painting) 10AM-12PM
24	25	26	27	28
CLOSED IN AM	SOUPER & Sara	Food Bank		Adult Drop-In

11AM-12PM



Strengthening relationships and communities since 1936

November 2025 TUXEDO FAMILY RESOURCE CENTRE CHILD & YOUTH NEWSLETTER

Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION

Happy November!

A few updates for this month:

1. The Youth Leadership Program is still on-going and has taken the spot of Homework Club on Saturdays momentarily.

2. Youth will have a movie night near the end of the month. Movie TBA

JUSTINE

Tuxedo Resource Centre
Child and Youth Coordinator



CONTACT THE COORDINATOR

- (431) 323-7697
- jmamucud@familydynamics.ca
- 1-225 Doncaster St, Winnipeg, MB
- (©) @tuxedoFRC
- **f** familydynamicswinnipeg

Child & Youth highlights from last month!



Tony, Bike,



Youth in the Wild.



My Glasses









TUXEDO FAMILY RESOURCE CENTRE

CHILD & YOUTH CALENDAR

WEEK AT A GLANCE

Tuesday..... Kids Club GROUP A Wednesday..... Youth Chef's Night

YLP Thursday.....

Friday..... Kids Club GROUP B Saturday..... Kid's Drop-in & YLP

Most programming operates on a first-come first served basis. For programs that indicate * Registration, please come in, call, or e-mail ahead of time to sign-up.



Snacks &

Drinks

Help with

Forms

TUE WED THU FRI SAT Kid's Drop-in 10:30 - 12:00 Youth Leadership









Program 1:00 - 3:00

Fax &

Phone

Washer &

Dryer

KIDS CLUB GROUP A 3:30-5:30

YOUTH HANG CHEF'S NIGHT 3:30 - 5:30 Fort Whyte Farm Program

5:30 - 7:30

Youth Leadership **Program** 4:00 - 6:00



Menstrual

Products

Computer

& Printer

Kid's Club Group B **SNACK PICK UP** ONLY 3:30 - 4:00

Youth Leadership **Program** 4:30 - 7:30

Kid's Drop-in 10:30 - 12:00

Youth Leadership Program 1:00 - 3:00

NO KID'S PROGRAM THIS DAY (Remembrance Day)



YOUTH HANG CHEFS NIGHT 3:30 - 5:30

Fort Whyte Farm Program 5:30 - 7:30

Youth Leadership **Program**

4:00 - 6:00

NO KID'S **PROGRAMMING** (Staff Meeting)



Kid's Drop-in 10:30 - 12:00

YLP (Adult Food Bingo) 1:00 - 3:00

NO KIDS PROGRAM THIS DAY (Staff Offsite Volunteering)



YOUTH HANG CHEFS NIGHT 3:30 - 5:30

Fort Whyte Farm Program 5:30 - 7:30

Youth Leadership **Program** 4:00 - 6:00

Kid's Club Group B 3:30 - 5:30

Kid's Drop-in 10:30 - 12:00

Youth Leadership **Program** 1:00 - 3:00

KIDS CLUB GROUP A 3:30-5:30

YOUTH Movie Night Movie TBA 4:00 - 10 PM Approx.

Youth Leadership **Program** 4:00 - 6:00

Kid's Club Group B 3:30 - 5:30

Kid's Drop-in 10:30 - 12:00

Homework Club 1:00 - 3:00