



DONWOOD

FAMILY RESOURCE CENTRE

NOVEMBER CALENDAR

CONTACT US (204) 336-2752 6-64 DONWOOD DRIVE DONWOOD@FAMILYDYNAMICS.CA



@donwoodfrc



familydynamicswinnipeg

UPCOMING EVENTS

FLU & VACCINE CLINIC

November 3

COMMUNITY ADVISORY MEETING

November 19

Let's get together and plan for the Centre.

BAG PROGRAM

Alternating
Tuesdays

Affordable Fresh Produce



PROGRAMS & SERVICES



Get Involved!

Interested in joining a club or starting something new?

WHO CAN ACCESS?

All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

Residents of the Manitoba Housing community where a Resource Centre operates receive priority for registered programs and services.

Important Messages

Wiggle, Giggle & Munch is a time for parents and children to have fun together through active play, games, action songs and a healthy snack. Meant for children aged 0-5 and their caregivers. Please join us Wednesdays at 10:00am!



United Way

Manitoba



THE WINNIPEG FOUNDATION



HOURS OF OPERATION

Mon 8:30 AM - 2:30 PM

Tues 8:30 AM - 2:30 PM

Wed 8:30 AM - 2:30 PM

Thurs 8:30 AM - 5:00 PM

Fri 8:30 AM - 1:00 PM

Closed daily 11:30-12:30

PLEASE NOTE:

Most programming operates on a first-come first served basis.

* Means registration is required please drop by or call to sign up

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3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY
Flu and vaccine Clinic 10-2	Surplus 9:00	Wiggle Giggle Munch 10:00	*Casserole Cooking 11:00 Art City 3:30	Bread Day 10:00 <i>No BAG order today</i>
10 NO SCHOOL	11 	12 Wiggle Giggle Munch 10:00	13  Orders Due today Closed a.m. no Breakfast/Lunch Art City 3:30	14  STAFF MEETING
17	18 Surplus 9:00 closed at 1:00	19 Wiggle Giggle Munch 10:00 Advisory Meeting w/ EIA worker and BINGO 1:00	20 *Casserole Cooking 11:00 Art City 3:30	21 Bread Day 10:00 <i>*BAG Order Due</i>
24 Self Care 1:00	25 <i>BAG Pickup 12:30</i>	26 Wiggle Giggle Munch 10:00	27 Art City 3:30	28 Bread Day 10:00