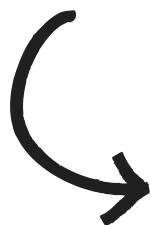


Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION



HARVEST MANITOBA food bank information:

Register by phone:
(204) 982-3671 or
e-mail: appointments@harvestmanitoba.ca



MICHELLE, JEN & MENNA

Family and Community Development
Coordinators and community support worker

CONTACT US

-  (204) 632-5992
-  elwick@familydynamics.ca
-  1417 Fife Street, WPG, MB R2P 0A2
-  @elwickFRC
-  [familydynamicswinnipeg](https://www.facebook.com/familydynamicswinnipeg)

COME IN TO SAY HI!



Our goal is to have empowered individuals living in healthy families within a well-connected, supportive community.

WHO CAN ACCESS?

Residents of Manitoba Housing receive priority for registered programs and services. All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

WHATS NEW -

- NEW! A new community skills based program is launching this month! *Registration Required*
- The center will be closed on the following days: November 11th, Nov, 12 & 14th in the morning and the 18th in the afternoon.
- Flu clinic on Nov 19th 2:00pm-6:00pm
No registration required
- Our ask a Nurse Program is back and will be held every second month.
- Parent Teacher at Elwick school -come on by to say Hi!!!

ELWICK VILLAGE FAMILY RESOURCE CENTRE RESOURCE CENTRE CALENDAR

November 2025

HOURS OF OPERATION

Monday..... 9:00 AM - 12:00PM

Tuesday..... 9:00 AM - 4:00PM

Wednesday..... 9:00 AM - 7:00 PM

Thursday..... 1:00 PM - 4:00PM

Friday..... 9:00 AM - 12:00 PM

**CLOSED BETWEEN 12:00- 1:00PM DAILY
SEE CHILD AND YOUTH CALENDAR FOR
EVENING HOURS**

Most programming operates on a first-come first served basis.
For programs that indicate *** Registration**, please come in, call,
or e-mail ahead of time to sign-up.

Any time during open hours that there is not
registered programming, we are open at 1417 Fife for:

DROP-IN SERVICES & SUPPORTS



Community
Referrals



Safer Sex
Supplies



Listening
Ear & Chat



Kids Play
Area



Menstrual
Products



Food
Share



Computer
& Printer



Coffee &
Tea



Help with
Forms



Fax &
Phone

*Note that on **Wednesday mornings** we are open at our
Resource Unit only, at 14-1411 Fife Street for laundry, exercise
room access, as well as clothing give-away and donations.*

MON

TUES

WED

THURS

FRI

3

Bread Pick Up
10:30AM-12:00PM

4

5

Clothing Depot Drop In
10:00AM-12:00AM

**HEART MEDICINE:
Women's Healing Circle**
Sign Up Required
5:00-7:30

6

Clothing Depot Drop In
10:00AM-11:30AM

Food Bank
2:00PM-3:00PM
Walk Ins
3:00PM-4:00PM

7

Make and take
10:00AM-12:00PM
Registration Required

10

Bread Pick Up
10:30AM-12:00PM

11



12

CLOSED 9:00-1:00

Evening clothing depot
5:30-7:00pm

13

Community Advisory
10AM-12PM

14



17

Bread Pick Up
10:30AM-12:00PM

18

Closed
12:00pm-4:30pm

19

Clothing Depot Drop In
10:00AM-12:00AM

Flu Clinic
2:00pm-6:00pm

20

Clothing Depot Drop In
10:00AM-11:30AM

Food Bank
2:00PM-3:00PM
Walk Ins
3:00PM-4:00PM

21

Parent Teacher Conference
at Elwick school
9:00am-3:00pm

24

Bread Pick Up
10:30AM-12:00PM

25

Ask a Nurse
10:00am-12:00pm

26

Clothing Depot Drop In
10:00AM-12:00AM

27

Clothing Depot Drop In
10:00AM-11:30AM

Community Skills Builders
1PM-3PM

28

Make and take
10:00AM-12:00PM
Registration Required

Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION



- **Nov. 4-** Kids and Youth Bingo Advisories
- **Nov. 5** - Heart Medicine Women's Healing Circle
- **Nov. 11** - Closed for Remembrance Day
- **Nov. 15** - Youth Trip: SANTA CLAUS PARADE
- **Nov. 21** - Youth Make & Take
- **Nov. 27** - Youth workshop with Guest speaker Sami the Innovator
- **Youth Leadership Program - Thursdays and Saturdays.**

SYDNEY AND AMINA

Elwick Resource Centre

Child and Youth Coordinator and Programmer



CONTACT US



(204) 632-5992



andagire@familydynamics.ca



1417 Fife Street



@elwickFRC



familydynamicswinnipeg



Youth Leadership Volunteers at Siloam Mission



Kids & Youth Halloween Party



Content Creation Workshop w. Daezrae

Child & Youth highlights from last month!

ELWICK VILLAGE FAMILY RESOURCE CENTRE CHILD & YOUTH CALENDAR

NOVEMBER 2025

WEEK AT A GLANCE



DISCLAIMER

Schedule May
be Subject to
change

Monday.....	Art City	3:30-5:00
Tuesday.....	Kids club	3:30-5:00
	Youth Drop-In	6:00-7:30
Wednesday.....	Kids Free Play	3:30-5:00
Thursday.....	Kids Club	3:30-5:00
	Youth Drop-In	6:00-7:30
Friday.....	Snack	3:30-4:00
	Youth Drop-In	4:30-5:30
Saturday.....	Kids	12:30-2:20
	Youth	3:30-6:30

Most programming operates on a first-come first served basis.
For programs that indicate * **Registration**, please come in, call,
or e-mail ahead of time to sign-up.

Children & Youth, please reach out to the
coordinators or programmers for assistance with:

RESOURCE CENTRE SERVICES & SUPPORTS



Food
Share



Community
Referrals



Safer Sex
Supplies



Listening
Ear & Chat



Resume &
Job Search



Clothing
Give-away



Menstrual
Products



Computer
& Printer



Help with
Forms



Snacks &
Drinks



Fax &
Phone



Washer &
Dryer

MON

TUE

WED

THU

FRI

SAT

3



4

KIDS BINGO ADVISORY
3:30-5:00

YOUTH BINGO ADVISORY
6:00-7:30



5

ELECTRONIC FREE PLAY
3:30-5:00

**HEART MEDICINE:
Women's Healing Circle**
Sign Up Required
5:00-7:30



6

Food Bank

KIDS CLUB
4:00-5:30



YOUTH LEADERSHIP
5:30-7:30

7

SNACK
3:30-4:00

YOUTH DROP-IN
4:30-5:30

8

ELECTRONIC FREE PLAY
12:30-1:30

YOUTH FITNESS SPACE
2:30-3:30

YOUTH LEADERSHIP
4:00-6:00



10

Art City
3:30-5:00



11

CLOSED:
Remembrance Day



12

ELECTRONIC FREE PLAY
3:30-5:00



13

KIDS CLUB
4:00-5:30



YOUTH LEADERSHIP
5:30-7:30

14

SNACK
3:30-4:00

YOUTH DROP-IN
4:30-5:30

15

ELECTRONIC FREE PLAY
12:30-2:30

YOUTH TRIP
Santa Claus Parade
2:30-7:00



17

Art City
3:30-5:00



18

KIDS CLUB
Cancelled



YOUTH DROP-IN
5:30-7:30



19

ELECTRONIC FREE PLAY
3:30-5:00



20

Food Bank

KIDS CLUB
4:00-5:00



YOUTH LEADERSHIP
5:00-7:00

21

PD DAY
KIDS MOVIE
1:30-3:30



YOUTH MAKE & TAKE
Sign up Required
4:00-5:30



22

ELECTRONIC FREE PLAY
12:30-1:30

YOUTH LEADERSHIP
2:00-7:00



24

Art City
3:30-5:00



25

KIDS CLUB
3:30-5:00



YOUTH DROP-IN
5:30-7:30



26

ELECTRONIC FREE PLAY
3:30-5:00



27

KIDS CLUB
3:30-5:00



YOUTH WORKSHOP
w. SAMI
6:00-7:30



28

SNACK
3:30-4:00

YOUTH DROP-IN
4:30-5:30

29

ELECTRONIC FREE PLAY
12:30-1:30

MINI CHEFS
2:30-4:30

YOUTH DROP-IN
5:00-6:30



DECEMBER 1ST



2ND

KIDS CLUB
3:30-5:00



YOUTH DROP-IN
5:30-7:30



3RD

ELECTRONIC FREE PLAY
3:30-5:00



4TH

KIDS CLUB
3:30-4:30



YOUTH WORKSHOP
Financial Literacy w.
Melinda
Sign Up Required
6:00-8:00



5TH

SNACK
3:30-4:00

YOUTH DROP-IN
4:30-5:30

6TH

ELECTRONIC FREE PLAY
12:30-2:30

YOUTH DROP-IN
5:00-6:00



FREE



ELWICK PRESENTS



DODGEBALL TARGET GAMES



&

BASKETBALL

GR. 4-8'S

WEDNESDAYS

6:00-8:00 PM

OCT 15TH - DEC 3RD



SEVEN OAKS
SCHOOL DIVISION
community begins here

MORE INFO YAC@7OAKS.ORG

