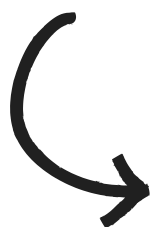


Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION



October 10 & 13
Centre Closed

October 24
Family Day @ the Leaf
Weather Dependent



VANESSA

Family & Community Development Coordinator

CONTACT US

-  (204) 488-2133
-  tuxedo@familydynamics.ca
-  1-225 Doncaster St, Wpg, MB, R3N1X7
-  @tuxedoFRC
-  familydynamicswinnipeg

COME IN TO SAY HI!



Our goal is to have empowered individuals living in healthy families within a well-connected, supportive community.

WHO CAN ACCESS?

Residents of Manitoba Housing receive priority for registered programs and services. All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

WHAT'S NEW

- 1. PREP & TAKE- October 6 & 20**
Our new Prep & Take time is 3:45PM-6PM.
- 2. BRUNCH Tuesdays- October 14, 21 & 28**
Brunch is back for the month of October. Doors will open at 10:30 AM.
- 3. FAMILY GAME NIGHT OUT- October 17**
Join us for a night out at the Princess Auto Stadium to watch the Blue Bombers play. ***LIMITED TICKETS AVAILABLE***. Call or drop by the centre to book your spot.
Thanks to the RADY JCC for the tickets.

HOURS OF OPERATION

Monday..... 1:00 PM - 7:00 PM
Tuesday..... 9:00 AM - 4:00 PM
Wednesday..... 9:00 AM - 4:00 PM
Thursday..... 9:00 AM - 4:00 PM
Friday..... 9:00 AM - 1:00 PM

CLOSED BETWEEN 12:00- 1:00PM DAILY

Most programming operates on a first-come first served basis.
For programs that indicate *** Registration**, please come in, call,
or e-mail ahead of time to sign-up.

Any time during open hours that there is not
registered programming, we are open for:

DROP-IN
SERVICES & SUPPORTS


Food Share


Community Referrals


Safer Sex Supplies


Listening Ear & Chat


Kids Play Area


Clothing Give-away


Menstrual Products


Computer & Printer


Help with Forms


Coffee & Tea


Fax & Phone


Washer & Dryer

MON	TUES	WED	THURS	FRI
		1 Food Bank 11AM-12PM	2	3 Move & Shake 10:30AM-12PM
6 CLOSED IN AM Prep & Take *Registration Required* 3:45PM-6PM	7	8 Food Bank 11AM-12PM	9 Food share *LIMITED SUPPLIES, FIRST COME,FIRST SERVE* 1PM-2:30PM	10 CENTRE CLOSED Staff event
13 CENTRE CLOSED- THANKSGIVING	14 Brunch Tuesday 10:30AM-12PM	15 Food Bank 11AM - 12PM	16 Closed in AM	17 CLOSED IN AM Family Game Night Out (Bombers Game) *Limited tickets* 7PM-9PM
20 CLOSED IN AM Prep & Take *Registration Required* 3:45PM-6PM	21 Brunch Tuesday 10:30AM-12PM	22 Food Bank 11AM-12PM	23 Food Share 1PM-2:30PM	24 Family Day @ THE LEAF *Weather Dependent* 10AM-1PM
27 CLOSED IN AM Community Advisory & Bingo Tournament (Special Prize) 2PM-5:30PM	28 Brunch Tuesday 10:30AM-12PM	29 Food Bank 11AM-12PM	30	31 ADULT DROP IN 10AM-12PM

Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION

Happy October Friends! The weather is getting cooler and cooler and we hope September has been kind to you. This month, we have lots of pumpkin related activities we will be whipping out. That means all things hot chocolate, (some candy), and softly-lit rooms and ambience in the center for you Youths to enjoy.

JUSTINE

Tuxedo Resource Centre
Child and Youth Coordinator



CONTACT THE COORDINATOR

 (431) 323-7697

 jmamucud@familydynamics.ca

 1-225 Doncaster St, Winnipeg, MB

 @tuxedoFRC

 familydynamicswinnipeg

Child & Youth highlights from last month!



Summer BBQ Tinies



Teenagers at Youth Hang!



Business always at the Beach

TUXEDO FAMILY RESOURCE CENTRE

CHILD & YOUTH CALENDAR

October 2025

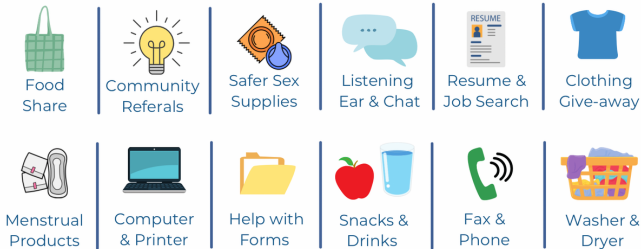
WEEK AT A GLANCE

Tuesday.....	Kids Club GROUP A
Wednesday.....	Fort Whyte Farms
Thursday.....	Youth GYM NIGHT
Friday.....	Kids Club GROUP B
Saturday.....	Breakfast Club & HW Club

Most programming operates on a first-come first served basis.
For programs that indicate * **Registration**, please come in, call, or e-mail ahead of time to sign-up.

Children & Youth, please reach out to the coordinators or programmers for assistance with:

RESOURCE CENTRE SERVICES & SUPPORTS



TUE	WED	THU	FRI	SAT
	1 YOUTH HANG CHEF'S NIGHT 3:30 - 5:30	2 YOUTH GYM NIGHT 5:30 - 7:30	3 KIDS CLUB GROUP B 3:30-5:30	4 Breakfast Club 10:30 - 12:00 Homework CLUB 1:00 - 2:30
7 KIDS CLUB GROUP A 3:30-5:30	8 YOUTH HANG CHEF'S NIGHT 3:30 - 5:30	9 YOUTH GYM NIGHT 5:30 - 7:30	10 Centre CLOSED for STAFF MEETING	11 Breakfast Club 10:30 - 12:00 Homework CLUB 1:00 - 2:30
14 NO KIDS PROGRAM THIS DAY 	15 YOUTH HANG CHEFS NIGHT 3:30 - 5:30 Fort Whyte Farm Program 5:30 - 7:30	16 YOUTH PUMPKIN CARVING 3:30 - 5:30 	17 KIDS CLUB GROUP B 3:30-5:30	18 Breakfast Club 10:30 - 12:00 Homework CLUB 1:00 - 2:30
21 KIDS CLUB GROUP A 3:30-5:30	22 YOUTH HANG CHEFS NIGHT 3:30 - 5:30 Fort Whyte Farm Program 5:30 - 7:30	23 YOUTH GYM NIGHT 5:30 - 7:30	24 KIDS CLUB GROUP B 3:30-5:30	25 Breakfast Club 10:30 - 12:00 Homework CLUB 1:00 - 2:30 
28 KIDS CLUB GROUP A 3:30-5:30 	29 YOUTH HANG CHEFS NIGHT 3:30 - 5:30 Fort Whyte Farm Program 5:30 - 7:30	30 YOUTH GYM NIGHT 5:30 - 7:30	31 HALLOWEEN SEND OFF PARTY (we have treats) 3:30 - 5:30	