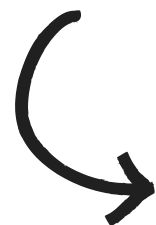


Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION

HARVEST MANITOBA
food bank information:

Register by phone:
(204) 982-3671 or
e-mail: appointments@harvestmanitoba.ca



MICHELLE, JEN & MENNA

Family and Community Development
Coordinators and community support worker

CONTACT US

-  (204) 632-5992
-  elwick@familydynamics.ca
-  1417 Fife Street, WPG, MB R2P 0A2
-  @elwickFRC
-  [familydynamicswinnipeg](https://www.facebook.com/familydynamicswinnipeg)

COME IN TO SAY HI!



Our goal is to have empowered individuals living in healthy families within a well-connected, supportive community.

WHO CAN ACCESS?

Residents of Manitoba Housing receive priority for registered programs and services. All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

WHATS NEW -

- NEW! A new community skills based program is launching this month! *Registration Required*
- A Fall Clothing Giveaway will take place at our Clothing Depot on October 1st at 10AM.
- Thanksgiving kits to be given out on October 8th *Registration Required*
- Join us for an amazing trip to the leaf on October the 15th *Registration Required*
- Our Halloween Dance Party will be on October 22nd *Registration Required*
- The centre will be closed on the following days; October 7th, 10th and 13th

ELWICK VILLAGE FAMILY RESOURCE CENTRE RESOURCE CENTRE CALENDAR

October 2025

HOURS OF OPERATION

Monday..... 9:00 AM - 12:00PM

Tuesday..... 9:00 AM - 4:00PM

Wednesday..... 9:00 AM - 7:00 PM

Thursday..... 1:00 PM - 4:00PM

Friday..... 9:00 AM - 12:00 PM

**CLOSED BETWEEN 12:00- 1:00PM DAILY
SEE CHILD AND YOUTH CALENDAR FOR
EVENING HOURS**

Most programming operates on a first-come first served basis.
For programs that indicate *** Registration**, please come in, call,
or e-mail ahead of time to sign-up.

Any time during open hours that there is not
registered programming, we are open at 1417 Fife for:

DROP-IN SERVICES & SUPPORTS



Community
Referrals



Safer Sex
Supplies



Listening
Ear & Chat



Kids Play
Area



Menstrual
Products



Food
Share



Computer
& Printer



Coffee &
Tea



Help with
Forms



Fax &
Phone

*Note that on **Wednesday mornings** we are open at our
Resource Unit only, at 14-1411 Fife Street for laundry, exercise
room access, as well as clothing give-away and donations.*

MON

TUES

WED

THURS

FRI

1
Fall Clothing Giveaway
10:00AM-2:00PM

Evening Adult Craft
5:30pm-7:00pm

2
Clothing Depot Drop In
10:00AM-11:30AM

Community Skills Builders
1PM-3PM

3
Make and take

10:00AM-12:00PM
Registration Required

6
Bread Pick Up
10:30AM-12:00PM



8
Thanksgiving Kit Give Away

1PM-3PM
OR
5PM-7PM

Sign up required

9
Clothing Depot Drop In
10:00AM-11:30AM

Food Bank
2:00PM-3:00PM
Walk Ins
3:00PM-4:00PM



13

Happy Thanksgiving!

14

15
**The Leaf Community Field
Trip**
11:30AM-4:30PM
Sign up required

Open for Resources
5:30pm-7:00pm

16
CLOSED IN THE AM

Community Skills Builders
1PM-3PM

17
Make and take
10:00AM-12:00PM
Registration Required

20
Bread Pick Up
10:30AM-12:00PM

21

22
CLOSED IN THE AM

Halloween Party
5:00pm-7:00pm

23
Clothing Depot Drop In
10:00AM-11:30AM
Food Bank
2:00PM-3:00PM
Walk Ins
3:00PM-4:00PM

24
Community Advisory
10AM-12PM

27
Bread Pick Up
10:30AM-12:00PM

28

29
Clothing Depot Drop In
10:00AM-12:00PM

Evening Clothing Depot
5:30pm-7:00pm

30
Clothing Depot Drop In
10:00AM-11:30AM

Community Skills Builders
1PM-3PM

31

Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION



- Oct. 7- Kids and Youth Bingo Advisories
- Oct. 16 & 23 - Youth workshops with Guest speakers Daezerae & Camille
- Oct. 18- Heart Medicine Women's Healing Circle
- Oct. 22 - Kids & Youth Halloween Party
- Oct. 24 - Youth Make & Take
- Oct. 29 - Youth Bowling Trip
- Oct. 31- Halloween Trick or Treat
- CLOSED - Oct. 10, 11, & 13
- NEW Youth Leadership Program - Thursdays and Saturdays. Youth 13-17

SYDNEY AND AMINA

Elwick Resource Centre

Child and Youth Coordinator and Programmer



CONTACT US



(204) 632-5992



andagire@familydynamics.ca



1417 Fife Street

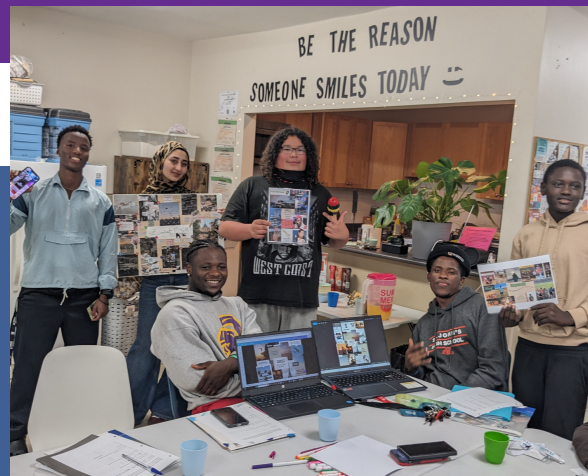


@elwickFRC



familydynamicswinnipeg

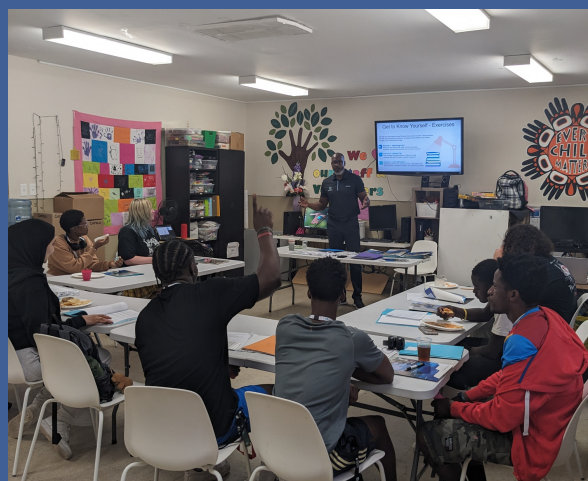
Child & Youth highlights from last month!



Youth Share their Vision Boards



Kids Mini Chef: Burgers & Poutine Fries



G.O.A.T Mindset Workshops w. Coach Mike

ELWICK VILLAGE FAMILY RESOURCE CENTRE CHILD & YOUTH CALENDAR

OCTOBER 2025

WEEK AT A GLANCE



DISCLAIMER

Schedule May
be Subject to
change

Monday.....	Art City	3:30-5:00
Tuesday.....	Kids club	3:30-5:00
	Youth Drop-In	6:00-7:30
Wednesday.....	Kids Free Play	3:30-5:00
Thursday.....	Kids Club	3:30-5:00
	Youth Drop-In	6:00-7:30
Friday.....	Snack	3:30-4:00
	Youth Drop-In	4:30-5:30
Saturday.....	Kids	12:30-2:20
	Youth	3:30-6:30

Most programming operates on a first-come first served basis.
For programs that indicate * **Registration**, please come in, call,
or e-mail ahead of time to sign-up.

Children & Youth, please reach out to the
coordinators or programmers for assistance with:

RESOURCE CENTRE SERVICES & SUPPORTS



Food
Share



Community
Referrals



Safer Sex
Supplies



Listening
Ear & Chat



Resume &
Job Search



Clothing
Give-away



Menstrual
Products



Computer
& Printer



Help with
Forms



Snacks &
Drinks



Fax &
Phone



Washer &
Dryer

MON

TUE

WED

THU

FRI

SAT

1
**ELECTRONIC FREE
PLAY**
3:30-5:00



2
KIDS CLUB
3:30-5:00

YOUTH DROP-IN
5:30-7:30



3
SNACK
3:30-4:00

YOUTH DROP-IN
4:30-5:30

4
ELECTRONIC FREE PLAY
12:30-2:30

YOUTH DROP-IN
3:30-5:30



6
Art City
3:30-5:00



7
KIDS BINGO ADVISORY
3:30-5:00

YOUTH BINGO ADVISORY
6:00-7:30



8
**ELECTRONIC FREE
PLAY**
3:30-5:00



9
Food Bank

KIDS CLUB
3:30-5:00

YOUTH LEADERSHIP
5:30-7:30

10
CLOSED:
Staff Development



11
CLOSED:



13
CLOSED: Happy
Thanksgiving



14
KIDS CLUB
3:30-4:30

YOUTH DROP-IN
Cancelled



15
**ELECTRONIC FREE
PLAY**
3:30-5:00

TARGET GAMES
Dodgeball & Basketball
6:00-8:00



16
KIDS CLUB
3:30-5:00
DIY Slime

**PHOTOGRAPHY/CONTENT
CREATION w. Desree**
Sign Up Required*
4:00-5:30



17
SNACK
3:30-4:00

YOUTH DROP-IN
4:00-5:30

18
ELECTRONIC FREE PLAY
12:30-1:30

YOUTH LEADERSHIP
2:00-3:00



**HEART MEDICINE:
Women's Healing Circle**
Sign Up Required
5:00-7:30



20
Art City
3:30-5:00



21
KIDS CLUB
3:30-4:30

YOUTH DROP-IN
5:30-7:30



22

HALLOWEEN PARTY
5:00-7:00



23
Food Bank

KIDS CLUB
3:30-5:00

**38 LESSONS, LAWS & LIFE
STRATEGIES w. Camille**
Sign Up Required*
5:30-7:30



24
PD DAY
KIDS MOVIE
1:30-3:30

YOUTH MAKE & TAKE
Sign up Required
4:00-5:30



25
ELECTRONIC FREE PLAY
12:30-1:30

YOUTH FITNESS SPACE
2:30-3:30

YOUTH LEADERSHIP
4:00-6:00



27
Art City
3:30-5:00



28
KIDS CLUB
3:30-5:00

YOUTH DROP-IN
5:30-7:30



29
**ELECTRONIC FREE
PLAY**
3:30-5:00

TARGET GAMES
Dodgeball & Basketball
6:00-8:00



30
KIDS CLUB
3:30-4:30

YOUTH BOWLING TRIP
Sign Up Required
5:00-8:00



31

**TRICK OR TREAT
YOUTH LEADERSHIP**
6:00-7:30



NOVEMBER 1ST
ELECTRONIC FREE PLAY
12:30-2:30

MINI CHEFS
2:30-4:30

YOUTH LEADERSHIP
5:00-6:00



FREE



ELWICK PRESENTS



DODGEBALL TARGET GAMES



&

BASKETBALL

GR. 4-8'S

WEDNESDAYS

6:00-8:00 PM

OCT 15TH - DEC 3RD



SEVEN OAKS
SCHOOL DIVISION
community begins here

MORE INFO YAC@7OAKS.ORG

