

Oct 7<sup>th</sup> - Nov 4<sup>th</sup>, 2025 on Tuesdays from 10:30 AM –12:00 PM (5 weeks)



Please call Family Dynamics intake counsellor Jodee at 204-594-1879 to inquire about registration <a href="https://www.familydynamics.ca">www.familydynamics.ca</a>

Classes will be offered in person.

Fees for classes are free!