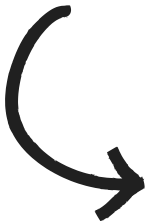


Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION



Breakfast/Lunch Program

Please do not send your children before 8:00am
Meals will no longer be served after 9:00am

COME IN TO SAY HI!



Our goal is to have empowered individuals living in healthy families within a well-connected, supportive community.

WHO CAN ACCESS?

Residents of Manitoba Housing receive priority for registered programs and services. All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.



MARY & JOANNE

Family and Community Development Coordinators

CONTACT US



(204) 336-2752



donwood@familydynamics.ca



6-64 Donwood Drive



@donwoodfrc



familydynamicswinnipeg

March Closures

March 7th - Committee meeting

**Sorry no Breakfast/Lunch, Walking School Bus or Bread Day*

March 27th - Staff meeting

**Breakfast/Lunch and Walking School Bus will go ahead*

Art credit to Cassidy

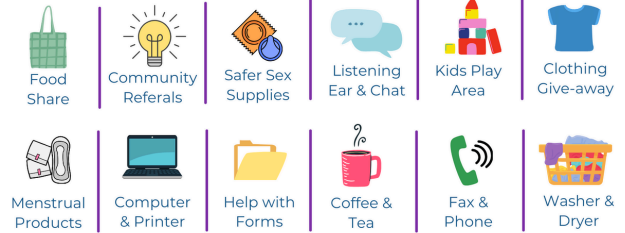
HOURS OF OPERATION

Monday..... 8:30 AM - 2:30 PM
 Tuesday..... 8:30 AM - 7:00 PM
 Wednesday..... 8:30 AM - 2:30 PM
 Thursday..... 8:30 AM - 5:00 PM
 Friday..... 8:30 AM - 1:00 PM
 *closed daily 11:30- 12:30 for lunch

Most programming operates on a first-come first served basis.
 For programs that indicate * **Registration**, please come in, call,
 or e-mail ahead of time to sign-up.

Any time during open hours that there is not registered programming, we are open for:

DROP-IN SERVICES & SUPPORTS



MON	TUE	WED	THU	FRI
3	4 Kids Club 3:30 Adult Board Games 5:00	5 Ask a Nurse 1:00	6 Art City 3:30	7 CLOSED
10	11 Sara Riel 1:00 Kids Club 3:30 Adult Craft 5:00	12 Advisory Meeting & BINGO 1:00	13 *Crockpot 11:00 Art City 3:30	14 Bread Day 10:00 NO SCHOOL
17 Surplus 9:00	18 Kids Club 3:30 Adult Board Games 5:00	19	20 *Crockpot 11:00 Art City 3:30	21 Bread Day 10:00
24 31 Spring Break Begins	25 Surplus 9:00 Kids Club 3:30 Adult Craft 5:00	26 Self-Care 1:00	27 CLOSED a.m. for staff meeting Art City 3:30	28 Bread Day 10:00