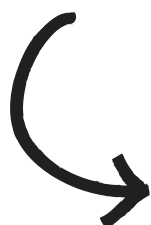


Family Dynamics is an accredited not-for-profit, community-based agency, dedicated to strengthening families and building healthy, supportive communities.

IMPORTANT INFORMATION



Breakfast/Lunch Program

Please do not send your children before 8:00am
Meals will no longer be served after 9:00am



MARY & JOANNE

Family and Community Development Coordinators

CONTACT US



(204) 336-2752



donwood@familydynamics.ca



6-64 Donwood Drive



@donwoodfrc



familydynamicswinnipeg

COME IN TO SAY HI!



Our goal is to have empowered individuals living in healthy families within a well-connected, supportive community.

WHO CAN ACCESS?

Residents of Manitoba Housing receive priority for registered programs and services. All people regardless of cultural, ethnic, religious, racial background, sexual orientation, age, gender, socio-economic status, state of health or level of ability are welcome.

WHATS NEW

Christmas Cheer Board

You can contact us to apply! Final deadline to register for group pick up is Nov. 15th.

Wiggle, Giggle and Munch - program for adult caregivers with Children aged 1-4

November Closures:

Nov 11 - Remembrance Day

Nov 14 pm - Training

Nov 15 - Staff meeting

Nov 22 - Training

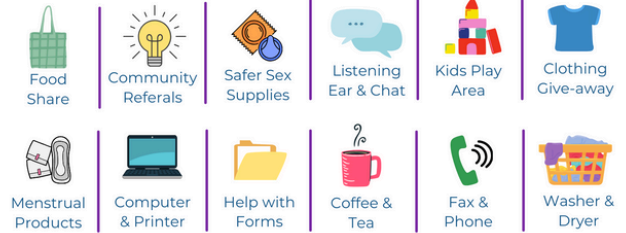
HOURS OF OPERATION




Monday..... 8:30 AM - 2:30 PM
 Tuesday..... 8:30 AM - 7:00 PM
 Wednesday.... 8:30 AM - 2:30 PM
 Thursday..... 8:30 AM - 5:00 PM
 Friday..... 8:30 AM - 1:00 PM
 *closed daily 11:30- 12:30 for lunch

Most programming operates on a first-come first served basis.
 For programs that indicate * **Registration**, please come in, call,
 or e-mail ahead of time to sign-up.

Any time during open hours that there is not registered programming, we are open for:

DROP-IN SERVICES & SUPPORTS



MON	TUE	WED	THU	FRI
				1 Bread Day 10:00
4	5 Surplus 9:00 Kids' Club 3:30-5 Teen Beading 5-7	6 Wiggle, Giggle & Munch 11:00	7 *Dump Dinner 11:00 *Art City 3:30-5	8 Bread Day 10:00
11 	12 Kids' Club 3:30-5 Board Games for Adults 5-7	13 Wiggle, Giggle & Munch 11:00 Ask a Nurse 1:00 Flu Clinic 1-5	14 CLOSED AT 11:30	15 
18	19 Surplus 9:00 Advisory Mtg/ BINGO 1pm Kids' Club 3:30-5 Teen Beading 5-7	20 Wiggle, Giggle & Munch 11:00	21 *Dump Dinner 11:00 *Art City 3:30-5	22 NO SCHOOL 
25 Self Care 1:00	26 Sara Riel 1-3 Kids' Club 3:30-5 *Medicine Bags 5-7	27 Wiggle, Giggle & Munch 11am	28 *Art City 3:30-5	29 Bread Day 10:00