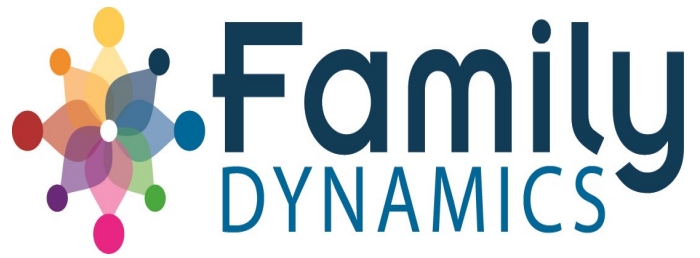


WESTGROVE FAMILY  
RESOURCE CENTRE  
Unit D - 76 Westgrove Way  
Phone: 832-3770 Fax: 832-6423  
E-mail: westgrove@familydynamics.ca



# WESTGROVE NEWS

## FEBRUARY 2024

We gratefully  
acknowledge Manitoba  
Department of Families,  
The United Way of  
Winnipeg and  
The Winnipeg Foundation, for their  
generous support of our programs.  
THANK YOU!

## COMMUNITY NEWS

### FOOD BANK DATES:

February 6 and 20  
Call: 204-982-3660  
to register.

We have a number of fabulous events planned for February! For the sake of planning, we need you to call each month to register for the events you are interested in. We don't want anyone to be disappointed! Any event on the calendar with an \*beside it means that you need to call in and make sure you don't miss out!



### Resource Centre Access

What do we mean by Resources?

- \* Use of phone, printing and fax
- \* Community Pantry (emergency food), pet food supplies, hygiene, toiletry and cleaning supplies (case by case basis, depending on need and availability)
- \* Use of washing machine and dryer
- \* Drop-in for coffee and chat with staff

\*Please call ahead and make arrangements with the staff to help you out.

HOW CAN  
WE  
HELP YOU?



# FEBRUARY 2024



MONDAY	TUESDAY	WEDNES-	THURSDAY	FRIDAY
			1  *Kid's Club 4-6	2  Open for Resources 10-12 *call first
5 Family Cake Bake Contest 4-5pm 	6 *Food Bank 	7 <b>CLOSED</b> Staff Training 	8  *Kid's Club 4-6	9  Open for Resources 10-12 *call first
12  *Youth Drop-In 4-6pm	13 *SOUPER TUESDAY!  Come by for a hot bowl of soup! 12-1pm	14 *Healthy Happenings 2-4  <b>HEALTHY AND HAPPY :)</b>	15 Open for Resources 1-3 *call first 	16 Open for Resources 10-12 *call first 
19 <b>CLOSED</b> <i>Journée Louis Riel Day</i> 	20 *Food Bank 	21 *Healthy Happenings 2-4 <b>HEALTHY AND HAPPY :)</b>	22  *Kid's Club 4-6	23  *Community Kitchen 9:00-12:00
26 *Community Meeting/Bingo 2-4  *Youth Drop-In 4-6pm 	27 <b>CLOSED</b> Staff Training 	28 *Healthy Happenings 2-4 <b>HEALTHY AND HAPPY :)</b>	29  *Kid's Club 4-6	