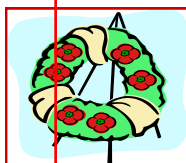


WESTGROVE FAMILY
RESOURCE CENTRE
Unit D - 76 Westgrove Way
Phone: 832-3770 Fax: 832-6423
E-mail: westgrove@familydynamics.ca



WESTGROVE NEWS



NOVEMBER 2023

FOOD BANK DATES:

November 14 and 28
Call: 204-982-3660
to register.

COMMUNITY
NEWS

We gratefully
acknowledge Manitoba
Department of Families, The
United Way of Winnipeg and
The Winnipeg Foundation,
for their generous support
of our programs.
THANK YOU!

It's time for Flu Shots!

We will be offering a Flu
Shot Clinic here at the
Resource Centre on:
Thursday, November 16
from 1:00 to 5:00. If you are
interested, please call the
Resource Centre (204-832-3770) to
register with us. When you register,
we will give you an assigned time for
when you can come over.



*Come and get your Flu Shot and plan
to stay healthy this flu season!



We have a number of
fabulous events
planned for the month
of **November!** For the sake of
planning, we need you to call in
and register for each of the
events you are interested in.
We don't want anyone to be
disappointed! Whenever you see
an * in the calendar beside an
event, that means you need to
call in and register! Space is
limited, so call early!



On November 24, we will be
having a Pancake Breakfast
pick-up from 10:30-11:30!
Come and pop by the Resource
Centre to pick up a delicious
pancake breakfast for
you and your family! Be
sure to call and register
if you are interested!



COUNTDOWN TO CHRISTMAS CALENDARS!

On November 29, we will be handing out weekly kits
for your child's Advent Calendars, so they can
countdown the days until Santa comes!

If your child is interested, please call the Centre by
November 15th to register so we know what supplies
we need to purchase.

Only registered children will be able to receive a kit.



*When you see this symbol
on the calendar it is for
when we are Open To
Resources. This include
using our computer, send-
ing faxes, making copies, Emergency food
Hampers, etc. Please, whenever possible
use those days to access those resources
and always call first.



NOVEMBER 2023

We wear a poppy to remember...



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>This Remembrance Day help us thank each and every one of the veterans and active duty military in our neighbourhoods.</p>		<p>1</p> <p>*Healthy Happenings 2-4</p> 	<p>2</p> <p>*Kid's Club 4-6</p> 	<p>3</p> <p>Open for Resources 10-12 *call first</p> 
<p>6</p>  <p>*Youth Drop-In 4-6pm</p>	<p>7</p> <p>Open for Resources 10-12 *call first</p> 	<p>8</p> <p>*Healthy Happenings 2-4</p> 	<p>9</p>  <p>Winter Clothing Give Away: 2-4pm</p>	<p>10</p>  <p>*Kid's Club</p> <p>No School Event!</p> <p>Group A: 10-12 Group B: 1-3</p>
<p>13</p> <p>CLOSED</p> 	<p>14</p> <p>Food Bank</p> 	<p>15</p> <p>*Healthy Happenings 2-4</p> 	<p>16</p>  <p>*Flu Shots: 12:00-5:00</p>	<p>17</p>  <p>Open for Resources 10-12 *call first</p>
<p>20</p>  <p>*Youth Drop-In 4-6pm</p>	<p>21</p> <p>*Community Kitchen 9:30-12:00</p>	<p>22</p> <p>*Healthy Happenings 2-4</p> 	<p>23</p>  <p>*Kid's Club 4-6</p>	<p>24</p> <p>*Pancake Pick up! 10:30-11:30</p> <p>*Community Meeting/Bingo 2-4</p> 
<p>27</p> <p>Closed for Calendar Prep</p>	<p>28</p> <p>Food Bank</p> 	<p>29</p> <p>*Countdown to Christmas Calendar Hand out: 4:00-5:00</p> 	<p>30</p>  <p>*Kid's Club 4-6</p>	