

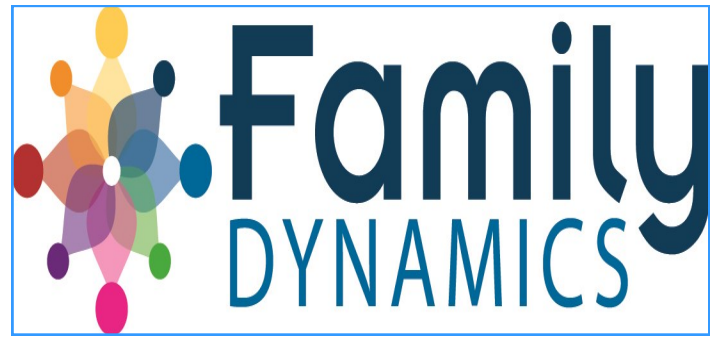
**WESTGROVE FAMILY
RESOURCE CENTRE**

Unit D - 76 Westgrove Way

Phone: 204-832-3770

Fax: 204-832-6423

E-mail: Westgrove@familydynamics.ca



WESTGROVE NEWS

SEPTEMBER 2023



COMMUNITY NEWS

We gratefully
acknowledge Manitoba
Department of Families, The
United Way of Winnipeg and
The Winnipeg Foundation, for
their generous support of our
programs.
THANK YOU!

FOOD BANK
DATES:
September 5th
and 19th
Call: 204-982-3660
to register.

HOURS of OPERATION

CURRENT HOURS OF OPERATION

MONDAY: 2:00-6:00

**TUESDAY: 9:00-12:00 and 1:00-4:00 (Every
second Tuesday afternoon, we are closed for
Food Bank)**

WEDNESDAY: 9:00-12:00 and 1:00-4:00

THURSDAY: 10:00-1:00 and 2:00-6:00

FRIDAY: 9:00-12:00 and 1:00-4:00

***Please note that hours are subject to change
without notice due to staffing changes and
other unforeseen circumstances.**

***Please call ahead to see if there is staff at
the Resource Centre to assist you.**

Resource Centre Access

What do we mean by Resources?

- * Use of phone, printing and fax
- * Community Pantry (emergency food), pet food supplies, hygiene, toiletry and cleaning supplies (case by case basis, depending on need and availability)
- * Use of washing machine and dryer
- * Drop-in for coffee and chat with staff

***Please call ahead and make
arrangements with the staff
to help you out.**

**HOW CAN
WE
HELP YOU?**

***Please check out our September
calendar for all of our exciting
events!**

**We will also be restarting a number
of programs so be sure to call and
register for those!**





SEPTEMBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Drop In 10-12
4 CLOSED 	5 FOOD BANK 	6 Closed for Staff Prep and Admin. 	7 Drop In 10-12 	8 Drop In 10-12
11 *Family Fun! Milk and Cookies Bedtime Stories Event! 4-6 	12 *Healthy Happenings 2-4 	13 CENTRE CLOSED FOR STAFF TRAINING	14 *Kid's Club Kick Off! 4-6 	15 Drop In 10-12
18 *Youth Drop-In Kick Off! 4-6pm 	19 FOOD BANK 	20 *Healthy Happenings 2-4 	21 *Kid's Club 4-6 	22 *Community Kitchen! 10-12pm
25 *Family Fun! Outdoor Games 	26 *Community Meeting/Bingo 2:00-4:00 	27 *Healthy Happenings 2-4 	28 *Kid's Club 4-6 	29