

Tuxedo News



Tuxedo Family Resource Centre

1 -225 Doncaster Street

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We gratefully acknowledge The Manitoba Department of Families; The United Way; Immigration, Refugees and Citizenship Canada; The Winnipeg Foundation and Youth in Philanthropy for their generous support of programs.

SEPTEMBER 2020

Back to School!

Back to school this year is ideal for NO ONE. Not for teachers, not for parents, not for the students. Face to face in the midst of a pandemic is not ideal. Life has thrown us a huge curve ball. It will not be easy. We will be challenged. We will get frustrated.

I hope we rise to the occasion. I hope we help one another. I hope we treat each other with grace. I hope we realize that at the end of the day our kids need us to be the light. Set the tone. See the good. If there is anyway we can help you out with these challenges, please contact us at the Centre.



Kids Club

We are starting an after school (and maybe even on some in-service days) **KIDS CLUB!** This club is for kids in grades 1 - 6. To start with we will arrange a short scheduled step time visit once a week with some activities, snacks and games. As the weather gets colder we plan to move this indoors while staying within the COVID-19 guidelines. For more information or to sign up call the Centre @ 204-488-2133.

Community Settlement Program

If you are a newcomer and need information or resources please call

Julia @ 204-771-7475

Resource Centre Counselling

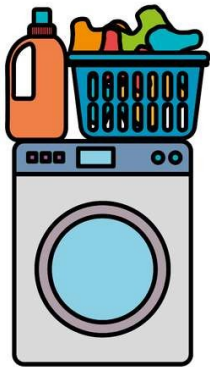
Our counsellor Pamela is offering phone, video and (limited) in person counselling sessions.



To schedule an appointment please call

Family Dynamics at 204-947-1401
and ask for "**Counselling Intake**".

Please tell the Intake Counsellor you are calling from a **Resource Centre Community**. Pamela will then call you to schedule an appointment with you.



Laundry

Laundry access is available by sign up. Please call the Centre **204-488-2133**. Clients are required to wear a mask and



must wipe washer/dryer when done (sanitization clothes will be available).

September 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p>  <p>For Civic Holiday</p>	<p>8</p> <p>a.m. planning and prep—CLOSED</p> <p>1:00—4:00 —drop in</p>	<p>9</p> <p>*Food Bank</p> <p>1:30—Wellness Wednesday</p>	<p>10</p> <p>9:30—Parenting Group</p> <p>1:30—Employment Support</p>	<p>11</p> <p>Drop in—9—12:00</p> <p>1:30—Make your own...</p>
<p>14</p> <p>1:30— Snacks and Facts</p> <p>5:30 —Family BINGO</p> 	<p>15</p> <p>a.m. planning and prep—CLOSED</p> <p>1:00—4:00 —drop in</p>	<p>16</p> <p>Harvest pick up</p> <p>1:20—Outdoor Advisory</p>	<p>17</p> <p>9:30—Parenting Group</p> <p>1:30—Employment Support</p>	<p>18</p> <p>Wrench: bike giveaway 12-3</p> <p>Registration required</p>
<p>21</p> <p>1:30— Community Kitchen</p> <p>5:30— 7:00 —Drop In</p> 	<p>22</p> <p>a.m. planning and prep— CLOSED</p> <p>1:00—3:30 —drop in</p> <p>4-4:45—kids Club</p>	<p>23</p> <p>*Food Bank</p> <p>1:30—Wellness Wednesday</p>	<p>24</p> <p>9:30—Parenting Group</p>  <p>CLOSED p.m.</p>	<p>25</p> <p>Drop in—9—12:00</p> <p>CLOSED p.m.</p>
<p>28</p> <p>1:30—Snacks and Facts</p> <p>5:30—adult paint night</p>	<p>29</p> <p>a.m. planning and prep—CLOSED</p> <p>1:00—3:30 —drop in</p> <p>4-4:45—kids Club</p>	<p>30</p> <p>Harvest Pick up</p> <p>1:30—Wellness Wednesday</p>	<p>Oct. 1</p> <p>9:30—Parenting Group</p> <p>1:30—Employment Support</p>	<p>Oct. 2</p> <p>Drop in—9—12:00</p> <p>1:30—Make your own...</p>

*Food Bank—for registered Winnipeg Harvest Clients - to register call 204-982-3660

When possible we are continuing outdoor programming. **Please bring your own chair.** When you call to register we will let you know if it'll be an indoor or outdoor program.

Space is limited for all programming but will be offered multiply times throughout the day if needed.

Programming Description

*All programs must follow Covid-19 guidelines. **Masks are required** for indoor programs. **Registration is required** for ALL programs and can be done one week prior to program. Programs are subject to change. Multiple programs can be offered at different times to accommodate more people.*

Facts and Snacks: Working together we will follow a recipe and make a healthy snack. Left-overs will be divided among participants to take home. We will learn about nutrition in fun ways!

Community Kitchen: Join us to create a dish to take home to cook.

Wellness Wednesdays: Come and join us for an afternoon of self care.

Parenting Group: Parenting is hard, especially during Covid-19. We are here to help through discussions and resource sharing around parenting challenges.

Employment Support: Are you looking for a job but have some questions about making resumes, job search and preparing for interviews? This is the space for you! Age: 16+

How to make your own... Salad, Taco, sandwich, pizza, smoothie etc Yum! Come as a family or by yourself if you are over 18

Kids Club: Students in grades 1 - 6 can register for our new kids club. We will start with scheduled after school door step visits where we will share fun educational activities.

Advisory: Join us outside to hear about upcoming programs and to share your ideas with us! Registration is required.

Drop-In: Registration is not required for drop in times (see calendar for drop in dates and times) We will be following covid-19 guidelines and are restricting the number of people allowed in the Centre at one time. we will not be letting in anymore people. If community is waiting for available space, we will be limiting time spent in the Centre. Kitchen will be closed but pre-package snacks will be available. Masks are required. Computer and donation room remains closed at this time.